



INSIGHTSIAS

SIMPLIFYING IAS EXAM PREPARATION



I - WIN

INSIGHTS IAS-WORK, IMPROVE, NURTURE

**FOR
UPSC
PRELIMS
2026 2.0**

TIME TABLE

START DATE: 7th MARCH 2026 (Saturday)

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
PRE-RECORDED CLASSES ON THE FUNDAMENTALS OF UPSC PREPARATION				
Recorded Class in the Insta Courses Portal	UPSC CSE Previous Years' Prelims Papers- Discussion Videos	UPSC CSE Prelims Paper (2015 - 2025)		
Recorded Class in the Insta Courses Portal	Strategy Class for UPSC Prelims	Strategy & Tips to Solve MCQs & to Follow the Prelims Test Series		
Recorded Class in the Insta Courses Portal	Introductory + Strategy Class for UPSC CSE 2025	You will gain valuable insights into the UPSC Journey, including developing an effective overall strategy, identifying key factors that lead to success as a topper, how to best follow the plan given, and mastering the art of staying on track with discipline.		
Recorded Class in the Insta Courses Portal	The art of effectively covering UPSC CSE Syllabus+ Booklists	<p>Given the extensive syllabus and abundance of study materials, it's crucial to make the right book choices and study effectively. In this class, you'll learn how to study comprehensively and selectively from various available sources. Familiarize yourself with the nuances of the syllabus to ensure that you cover all the necessary topics.</p> <ul style="list-style-type: none"> • Recognize the significance of each subject within the context of your overall preparation strategy. • Learn about shared themes or concepts that appear across different subjects to better understand how they fit together. • How to study in an Inter-disciplinary manner and not in silos for UPSC CSE • Obtain comprehensive booklists for each subject 		
Recorded Class in the Insta Courses Portal	How to Read Current Affairs?	UPSC has consistently demonstrated its ability to delve deeply into current affairs. As the significance of current affairs continues to rise, it's equally crucial to approach them from the UPSC Exam perspective. This class will teach you how to connect current affairs to the Prelims, General Studies answers, and even Optional Subjects.		
Recorded Class in the Insta Courses Portal	How to Read the Newspaper?	<p>In order to effectively prepare for your studies, it is important to know how to read a newspaper. This includes:</p> <ul style="list-style-type: none"> • Understanding what information to focus on • What to avoid • How to take effective notes. By mastering these skills, you can ensure that you are getting the most out of your newspaper reading experience and gaining valuable knowledge for your studies. 		
Recorded Class in the Insta Courses Portal	How to prepare and complete the full syllabi for UPSC CSE?	The "Crisis of Plenty" is a common challenge that every student encounters while preparing for the Civil Services Examination, owing to the abundance of study materials available. Effectively channeling the right resources is the key to covering the exam syllabus and increasing your chances of success.		
Recorded Class in the Insta Courses Portal	How to tackle CSAT?	<ul style="list-style-type: none"> • Learn how to tackle Paper-2 in Prelims, which is increasing in its level of toughness year-by-year 		

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
ROUND 1: BOOK-BASED TESTS <i>Total No. Of Tests: 30 GS tests & 5 CSAT Tests</i>				
GENERAL STUDIES 1: MODERN INDIA <i>History of India and Indian National Movement.</i>				
DAY 1 07/3/26	<p>- Modern India</p> <p>-Current Affairs 30 January 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz: January 2025</u></p> <p>-The Insights IAS <u>RTM Quiz</u></p>	<ol style="list-style-type: none"> 1. Fall of Mughals 2. Advent of Europeans in India <ul style="list-style-type: none"> ✓ Coming of Europeans: The Portuguese, The Dutch, The English, the French, The Danes ✓ Struggle among Europeans ✓ Rise of East India Company 3. India under the East India Company's Rule <ul style="list-style-type: none"> ✓ Administration, Political policies ✓ Regulating Act of 1773 ✓ Pitt's India Act 1784 ✓ Charter acts of 1784, 1793, 1813,1833, 1853 ✓ British Expansion policy: Doctrine of lapse, Subsidiary alliance, etc. ✓ Economic policies and their impact ✓ Agricultural policies ✓ Famine policy ✓ Foreign Policies ✓ Social Policies ✓ Education Policies ✓ Religious policies 4. Indian Kingdoms in the 18th century: Marathas, Punjab, Mysore, Hyderabad, etc 5. Socio-Religious Reform Movements in 19th and 20th century India – Arya Samaj, Brahmo Samaj, etc. 6. The Great Revolt of 1857 7. Other Dimensions <ul style="list-style-type: none"> ✓ Tribal Movements ✓ Peasants Movements ✓ Dalit Movements ✓ Women's movements ✓ Role of Press and Publications ✓ Role of Business groups 	<ol style="list-style-type: none"> 1. <u>NCERT VII: Our Pasts II</u> Chapter 5: Tribes, Nomads & Settled Communities 2. <u>NCERT Class VIII: Our Pasts: III</u> <ul style="list-style-type: none"> ✓ Chapter 1: Intro: How, When, Where ✓ Chapter 2: From Trade to Territory: The Company Establishes Power ✓ Chapter 3: Ruling the Countryside ✓ Chapter 4: Tribals, Dikus & the Vision of a Golden Age ✓ Chapter 5: When People Rebel: 1857 & After ✓ Chapter 6: Civilizing the Native, Educating the Nation ✓ Chapter 7: Women, Caste & Reform 3. <u>NCERT Class IX: India & the Contemporary World I</u> <ul style="list-style-type: none"> ✓ Chapter 4: Forest Society & Colonialism 4. <u>NCERT Class XII: Themes in Indian History – III</u> <ul style="list-style-type: none"> ✓ Theme 9: Colonialism & the Countryside ✓ Theme 10: Rebels & the Raj 5. A Brief History of Modern India: Spectrum <ul style="list-style-type: none"> ✓ <i>Chapters 3,4,5,6,7,8,9,2, 6,27,28,29,30, 31,32 + Relevant Appendices</i> 	<p>I-WIN Test- 1</p> <p>Duration: 1 hour</p> <p>No. of Questions: 50</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
			<p>Reference Books:</p> <p>1. From Plassey to Partition by Sekhar Bandyopadhyay (2nd edition)</p> <ul style="list-style-type: none"> ✓ Chapter 1: <i>Transition of the 18th century</i> ✓ Chapter 2: <i>British Empire in India</i> ✓ Chapter 3: <i>Early Indian Responses: Reform & Rebellion</i> ✓ Chapter 4: <i>Emergence of Indian Nationalism</i> <p>2. NCERT Class X The Story of Civilisation-Volume2 By Arjun Dev</p> <ul style="list-style-type: none"> ✓ Chapter 15: <i>Indian awakening</i> ✓ Chapter 16: <i>India's struggle for Independence</i> <p>3. India's Struggle for Independence – Bipan Chandra</p> <ul style="list-style-type: none"> ✓ Chapter 1 <i>the revolt of 1857</i> ✓ Chapter 2: <i>civil rebellions & tribal uprisings</i> ✓ Chapter 3: <i>peasant movements & uprisings after 1857</i> ✓ Chapter 6: <i>socio- religious reforms and the national awakening</i> ✓ Chapter 7: <i>an economic critique of colonialism</i> ✓ Chapter 8: <i>the fight to secure press freedom</i> 	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 2</p> <p>08/3/26</p>	<p>- Modern India</p> <p>-Current Affairs 30 January 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: January 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ol style="list-style-type: none"> 1. Changes in Indian Administration after 1858 <ul style="list-style-type: none"> ✓ GOI ACT 1858, ✓ Councils Act, 1861, ✓ Indian Council Act 1892 2. Growth of Political Ideas and Political Organizations (up to 1885) 3. Foundation of the Indian National Congress 4. National movement (1885 - 1919) <ul style="list-style-type: none"> ✓ Moderate Phase (1885 – 1905) ✓ Partition of Bengal and the Swadeshi Movement ✓ The first phase of the Revolutionary and Terrorist Movement ✓ The Morley-Minto Reforms/the Indian Councils Act, 1909 ✓ The Lucknow Pact (1916) ✓ The Home Rule Movement ✓ First World War & Nationalist Response 	<ol style="list-style-type: none"> 1. NCERT Class VIII:Our Past III <ul style="list-style-type: none"> ✓ Chapter 8: The Making of the National Movement: 18 70s- 1947 2. A Brief History of Modern India: Spectrum (23rd Edition) <ul style="list-style-type: none"> ✓ <i>Chapters 10,11,12,13, 14 + Relevant Appendices</i> <p>Reference Books:</p> <ol style="list-style-type: none"> 1. NCERT Class X The Story of Civilisation-Volume2 By Arjun Dev <ul style="list-style-type: none"> ✓ Chapter 16: India's struggle for Independence 2. India's Struggle for Independence – Bipan Chandra <ul style="list-style-type: none"> ✓ Chapter 4: Foundation of the Congress: the myth ✓ Chapter 5: Foundation of the Indian National Congress: the reality ✓ Chapter 9: Propaganda in the legislatures ✓ Chapter 10: the Swadeshi movement— 1903-08 ✓ Chapter 11: the split in the Congress and the rise of revolutionary terrorism ✓ Chapter 12: World War I & Indian nationalism: the Ghadar ✓ Chapter 13: the Home Rule Movement & its fallout 3. From Plassey to Partition by Sekhar Bandyopadhyay (2nd edition) <ul style="list-style-type: none"> ✓ Chapter 4: Emergence of Indian Nationalism ✓ Chapter 5: Early Nationalism: Discontent and Dissension 	<p>I-WIN Test-2</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 3</p> <p>09/3/26</p>	<p>- Modern India</p> <p>-Current Affairs 30 February 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: February 2025</p> <p>- The Insights IAS RTM Quiz</p>	<p>1. National movement (1919 - 1939)</p> <ul style="list-style-type: none"> ✓ Montague-Chelmsford Reforms/the Government of India Act, 1919 ✓ The Khilafat Movement (1920-22) and Non- Cooperation Movement ✓ The Left Movement ✓ The 2nd phase of the Revolutionary and Terrorist Movement ✓ Anti-Simon Commission Agitation (1928-29) ✓ Nehru Report, 1928 ✓ The Lahore Session, 1929 ✓ The Civil Disobedience Movement ✓ The Government of India Act, 1935 ✓ Provincial Elections and Formation of Popular Ministries in Provinces, 1937 <p>2. Freedom to Partition (1939 - 1947)</p> <ul style="list-style-type: none"> ✓ The Second World War & the National Movement ✓ The August Offer 1940 ✓ The Individual Satyagraha 1940-41 ✓ The Cripps Proposal, 1942 ✓ The Quit India Movement, 1942 ✓ Subhash Bose and Indian National Army ✓ Rajagopalachari Formula & Desai Liaquat Plan ✓ Wavell Plan and Shimla Conference 1945 ✓ General Elections in India, 1945 ✓ Naval Mutiny: 1946 ✓ The Indian Independence Act, 1947 <p>3. Other Dimensions</p> <ul style="list-style-type: none"> ✓ Tribal Movements ✓ Peasants Movements ✓ Dalit Movements ✓ Women's movements ✓ Role of Press and Publications ✓ Role of Business groups <p>Miscellaneous: Reforms / Acts / Committee, Congress Sessions, Governor –Generals, Viceroy</p>	<p>1. NCERT Class VIII: Our Past III</p> <ul style="list-style-type: none"> ✓ Chapter 8: The Making of the National Movement: 18 70s- 1947 <p>2. NCERT Class X: India & the Contemporary World-2</p> <ul style="list-style-type: none"> ✓ Chapter 2: Nationalism in India <p>3. NCERT Class XII: Themes in Indian History – III</p> <ul style="list-style-type: none"> ✓ Theme 11: Mahatma Gandhi & the Nationalist Movement ✓ Theme 12: Framing the Constitution <p>4. A Brief History of Modern India: Spectrum (23rd Edition)</p> <ul style="list-style-type: none"> ✓ <i>Chapters 15,16,17,18,19,20,21,22,23,24,25,33,34,35,36,37,38+ Relevant Appendices</i> <p>Reference Books:</p> <p>1. NCERT Class X The Story of Civilisation-Volume2 By Arjun Dev</p> <ul style="list-style-type: none"> ✓ Chapter 16: India's struggle for Independence <p>2. India's Struggle for Independence – Bipan Chandra</p> <ul style="list-style-type: none"> ✓ Chapter 14: Gandhiji's early career & activism ✓ Chapter 15: the Non- Cooperation Movement- 1920-22 ✓ Chapter 16: Peasant movements and Nationalism in the 1920s 	<p>I-WIN Test-3</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
			<ul style="list-style-type: none"> ✓ Chapter 17: <i>the Indian working class & the national movement</i> ✓ Chapter 18: <i>the struggles for Gurdwara reform & Temple entry</i> ✓ Chapter 19: <i>the years of stagnation — Swarajists, No-changers & Gandhiji</i> ✓ Chapter 20: <i>Bhagat Singh, Surya Sen & the revolutionary terrorists</i> ✓ Chapter 21: <i>the gathering storm — 1927-29</i> ✓ Chapter 22: <i>Civil Disobedience — 1930-31</i> ✓ Chapter 23: <i>from Karachi to Wardha: the years from 1932-34</i> ✓ Chapter 24: <i>the rise of the left-wing</i> ✓ Chapter 25: <i>the strategic debate 1935-37</i> ✓ Chapter 26: <i>28 months of Congress rule</i> ✓ Chapter 27: <i>Peasant movements in the 1930s & '40s</i> ✓ Chapter 28: <i>the freedom struggle in princely India</i> ✓ Chapter 29: <i>Indian Capitalists & the national movement</i> ✓ Chapter 30: <i>the development of a nationalist foreign policy</i> ✓ Chapter 31: <i>the rise & growth of communalism</i> ✓ Chapter 32: <i>communalism-the liberal phase</i> ✓ Chapter 33: <i>Jinnah, Gollwalkar & extreme communalism</i> 	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
			<ul style="list-style-type: none"> ✓ Chapter 34: <i>the crisis at Tri-puri to the Cripps mission</i> ✓ Chapter 35: <i>The Quit India Movement & the INA</i> ✓ Chapter 36: <i>post-war national upsurge</i> ✓ Chapter 37: <i>freedom & partition</i> ✓ Chapter 38: <i>the long-term strategy of the national movement</i> ✓ Chapter 39: <i>the Indian national movement: the ideological dimension</i> <p>3. From Plassey to Partition by Sekhar Bandyopadhyay (2nd edition)</p> <ul style="list-style-type: none"> ✓ Chapter 6: <i>The Age of Gandhian Politics</i> ✓ Chapter 7: <i>Many Voices of a Nation</i> ✓ Chapter 8: <i>Freedom with Partition</i> ✓ Chapter 9: <i>After Independence and Partition</i> 	
CSAT TEST 1				
<p>DAY 4</p> <p>10/3/26</p>	<p>-CSAT Test 1</p>	<ol style="list-style-type: none"> 1. Comprehension 2. Basic numeracy & General mental ability <ol style="list-style-type: none"> (a) Numbers (b) HCF & LCM (c) Averages (d) Ratio & Proportion (e) Percentage (f) Profit & Loss 		<p>Test-4</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 5 11/3/26</p>	<p>- Modern India -Current Affairs 30 February 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz:</u> February 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<p>Modern Indian History: Full Syllabus</p>	<p><i>(Chapters as mentioned in the sectional tests above)</i></p> <ol style="list-style-type: none"> 1. NCERT VII: Our Past II 2. NCERT Class VIII: Our Past III 3. NCERT Class IX: India & the Contemporary World I 4. NCERT Class X: India & the Contemporary World-2 5. NCERT Class XII: Themes in Indian History – III 6. A Brief History of Modern India: Spectrum <p>Reference Books:</p> <ol style="list-style-type: none"> 1. India’s Struggle for Independence – Bipan Chandra 2. NCERT Class X The Story of Civilisation-Volume2 By Arjun Dev 3. From Plassey to Partition by Sekhar Bandyopadhyay (2nd edition) 	<p>I-WIN Test-5 Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
GENERAL STUDIES 1: ART & CULTURE				
<p>DAY 6</p> <p>12/3/26</p>	<p>- Art & Culture</p> <p>-Current Affairs 30 February 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: February 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • Architecture <ul style="list-style-type: none"> ➤ Cave Architecture ➤ Temple Architecture ➤ Indo-Islamic Architecture ➤ Modern Architecture <p><i>(Under Indus Valley Civilization, The Mauryan Architecture, The Sungas, Kushanas, Satavahanas & Guptas, Post Guptas, Delhi- Sultanate, Mughals etc)</i></p> <ul style="list-style-type: none"> • Sculpture -- Indian Sculpture and Different schools of Art • Indian Paintings <ul style="list-style-type: none"> ➤ Pre historic painting & Cave paintings ➤ Mural Paintings ➤ Miniature Paintings - Pala School, Rajput Paintings, Mughal Paintings, Hill paintings etc. ➤ Folk Paintings ➤ Modern Indian Paintings ➤ Personalities Associated • Religion <ul style="list-style-type: none"> ➤ Hinduism ➤ Jainism ➤ Buddhism ➤ Islam ➤ Christianity ➤ Zoroastrianism ➤ Judaism 	<ol style="list-style-type: none"> 1. NCERT VI: History: Our Pasts I Chapters 1-10 2. NCERT VII: Our Pasts- II <ul style="list-style-type: none"> ✓ Chapter 1: Introduction ✓ Chapter 2: Kings & Kingdoms ✓ Chapter 3: Delhi: 12th- 15th Century ✓ Chapter 4: The Mughals (16th- 17th century) ✓ Chapter 5: Tribes, Nomads & Settled Communities ✓ Chapter 7: The Making of Regional Cultures ✓ Chapter 8: 18th century Political Formations 3. NCERT Class X: India & the Contemporary World-II Chapter 5: Print Culture & the Modern World 4. NCERT Class XI: An Introduction to Indian Art <ul style="list-style-type: none"> ✓ Chapter 1: Pre-historic Rock Paintings ✓ Chapter 2: Arts of the Indus Valley ✓ Chapter 3: Arts of the Mauryan Period 	<p>I-WIN Test-6</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
		<ul style="list-style-type: none"> • <i>Philosophy</i> <ul style="list-style-type: none"> ➤ Six Schools of Philosophy ➤ Ajivika ➤ Lokayata etc. • <i>Bhakti & Sufi Movement</i> • <i>Language & Literature</i> <ul style="list-style-type: none"> ➤ Indian Language <ul style="list-style-type: none"> ○ Classical Languages ○ Scheduled Languages ➤ Indian Literature <ul style="list-style-type: none"> ○ Religious Literature ○ Secular Literature • <i>Through the Eyes of Travelers</i> 	<ul style="list-style-type: none"> ✓ Chapter 4: Post-Mauryan Trends in Indian Art & Architecture ✓ Chapter 5: Later Mughal Traditions ✓ Chapter 6: Temple Architecture & Sculpture ✓ Chapter 7: Indian Bronze Sculpture ✓ Chapter 8: Some Aspects of Indo- Islamic Architecture <p>5. NCERT Class XII: Themes in Indian History – I</p> <ul style="list-style-type: none"> ✓ Theme 1: Bricks, Beads & Bones The Harappan Civilisation ✓ Theme 2: Kings, Farmers & Towns ✓ Theme 3: Kinship, Caste & Class ✓ Theme 4: Thinkers, Beliefs & Buildings <p>6. NCERT Class XII: Themes in Indian History – II</p> <ul style="list-style-type: none"> -Theme 5: <i>Through the Eyes of Travelers</i> -Theme 6: <i>Bhakti-Sufi Traditions</i> -Theme 7: <i>An Imperial Capital: Vijayanagar</i> -Theme 8: <i>Peasants, Zamindars & the State</i> <p>7. NCERT Class XII: An Introduction to Indian Art-Part 2</p> <ul style="list-style-type: none"> ✓ <i>Chapters 1-8</i> <p>8. Indian Art & Culture by Nitin Singhanian (3rd edition)</p> <ul style="list-style-type: none"> ✓ Chapter 1: Indian Architecture, Sculpture and Pottery ✓ Chapter 2: Indian paintings ✓ Chapter 3: Indian handicrafts 	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
			<ul style="list-style-type: none"> ✓ Chapter 12: <i>Languages in India</i> ✓ Chapter 15: <i>Indian literature</i> ✓ Chapter 16: <i>Schools of Philosophy</i> ✓ Chapter 13: <i>Religion in India</i> ✓ Chapter 14: <i>Buddhism and Jainism</i> ✓ Chapter 26: <i>India through the eyes of foreign travellers</i> <p>Appendix II: <i>Bhakti & Sufi movement</i></p> <p>Reference Books:</p> <p>1. NCERT Class X The Story of Civilisation-Volume 2 By Arjun Dev</p> <ul style="list-style-type: none"> ✓ Chapter 14: <i>The heritage of India</i> <p>2. Tamil Nadu Class XI:</p> <ul style="list-style-type: none"> ✓ <i>Chapters 1- 19 (Read the relevant chapters as per the syllabus given)</i> <p>3. NCERT Class XI: Ancient India by RS Sharma (<i>Read the relevant chapters</i>)</p> <p>4. NCERT Class XI: Medieval India by Satish Chandra (<i>Read the relevant chapters</i>)</p> <p>Websites:</p> <ul style="list-style-type: none"> ✓ <i>CCRT</i> ✓ <i>NIOS</i> 	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 7</p> <p>13/3/26</p>	<p>-Art & Culture</p> <p>-Current Affairs 30 February - March 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: February 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • <u>Indian Music</u> <ul style="list-style-type: none"> ➤ Classical Music <ul style="list-style-type: none"> ○ Hindustani Music ○ Carnatic Music ➤ Folk Music Tradition ➤ Modern Music ➤ Personalities • <u>Indian Dance</u> <ul style="list-style-type: none"> ➤ Classical Dance forms in India – Odissi, Kathak, Kathakali, Mohiniattay, Sattriya, Manipuri, Bharatanatyam, Kuchipudi ➤ Folk Dances ➤ Modern Dance in India • <u>Theatre</u> <ul style="list-style-type: none"> ➤ Sanskrit Theatre ➤ Folk Theatre ➤ Modern Theatre ➤ Personalities • <u>Puppetry</u> <ul style="list-style-type: none"> ➤ History ➤ Different forms of Puppetry in ➤ People Associated with Theatres • <u>Indian Cinema and Circus</u> • <u>Fairs, Festivals and Craft</u> <ul style="list-style-type: none"> ➤ Religious Festivals, ➤ Secular ➤ Festivals (States & UT's) ➤ Art & Crafts • <u>Science & Technology</u> <ul style="list-style-type: none"> ➤ Ancient, Science & Technology ➤ Medieval Science & Technology ➤ Famous Personalities in ➤ Ancient and Medieval India 	<p>Indian Art & Culture by Nitin Singhania (3rd edition)</p> <ul style="list-style-type: none"> ✓ Chapter 4: <i>UNESCO's list of world heritage sites in India</i> ✓ Chapter 5: <i>Indian music</i> ✓ Chapter 6: <i>Indian dance forms</i> ✓ Chapter 7: <i>Indian theatre</i> ✓ Chapter 8: <i>Indian puppetry</i> ✓ Chapter 9: <i>Indian Circus</i> ✓ Chapter 10: <i>Martial arts in India</i> ✓ Chapter 11: <i>UNESCO's list of intangible Cultural Heritage</i> ✓ Chapter 17: <i>Indian Cinema</i> ✓ Chapter 18: <i>Science & Technology through the ages</i> ✓ Chapter 19: <i>Calendars in India</i> ✓ Chapter 20: <i>Fairs & Festivals of India</i> ✓ Chapter 21: <i>Awards & Honours</i> ✓ Chapter 22: <i>Law Culture</i> ✓ Chapter 23: <i>Cultural Institutions in India</i> ✓ Chapter 24: <i>Coins in ancient in medieval India</i> ✓ Chapter 25: <i>Indian culture abroad</i> 	<p>Test-7</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
		<ul style="list-style-type: none"> • <i>Promotion and Preservation of Indian Heritage</i> <ul style="list-style-type: none"> ➤ Indian World Heritage Sites – Tangible & non-tangible heritage, Tentative list ➤ Cultural Heritage Sites ➤ Natural Heritage Sites ➤ Important Institutions 	<ul style="list-style-type: none"> ✓ Appendix 1: <i>Delhi</i> ✓ Appendix 3: <i>Famous personalities of India</i> ✓ Appendix 4: <i>Recent Geographical Indications</i> ✓ Appendix 5: <i>Indian art and culture current affairs</i> <p>Reference Books:</p> <p>1.NCERT Class X The Story of Civilisation-Volume2 By Arjun Dev</p> <ul style="list-style-type: none"> ✓ Chapter 14: <i>The heritage of India</i> <p>2. Tamil Nadu Class XI:</p> <ul style="list-style-type: none"> ✓ <i>Chapters 1- 19(Read the relevant chapters as per the syllabus given)</i> <p>3.NCERT Class XI: Ancient India by RS Sharma <i>(Read the relevant chapters)</i></p> <p>3.NCERT Class XI: Medieval India by Satish Chandra <i>(Read the relevant chapters)</i></p> <p>Websites:</p> <ul style="list-style-type: none"> ✓ <u>CCRT</u> ✓ <u>NIOS</u> 	
<p>DAY 8 14/3/26</p>	<p>-CSAT Test 2</p>	<ol style="list-style-type: none"> 1. Comprehension 2. Basic numeracy & General mental ability <ul style="list-style-type: none"> ✓ Simple interest and compound interest ✓ Problems on ages ✓ Problems on clock ✓ Partnership ✓ Pipes & cistern 		<p>Test-8</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 9</p> <p>15/3/26</p>	<p>-Ancient & Medieval India</p> <p>--Current Affairs 30 March 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: March 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<p><u>Ancient History</u></p> <ul style="list-style-type: none"> • Prehistoric period <ul style="list-style-type: none"> ▪ Palaeolithic ▪ Mesolithic ▪ Neolithic ▪ Chalcolithic • Harappan / Indus Valley Civilization • Vedic Age <ul style="list-style-type: none"> ▪ Early Vedic period ▪ Later Vedic period • Mahajanapadas & Rise of Magadh • Religious Reforms • Iranian & Macedonian Invasion • Mauryan Age • Post Mauryan Age <ul style="list-style-type: none"> ▪ Indo Greek Invasion <ul style="list-style-type: none"> ○ Indo-Greeks ○ Parthians ○ Shaka ○ Kushanas ○ Indo-Sassanian ▪ Sungas ▪ Kanvas ▪ Satavahanas • Guptas Age • Sangam Age • Regional Kingdoms • Post Guptas Age <ul style="list-style-type: none"> ➤ Harshavardhana ➤ Pallava ➤ Chalukya <p><u>Medieval History</u></p> <ul style="list-style-type: none"> • Triparty Struggle Pratiharas Palas • Chola Empire 	<ol style="list-style-type: none"> 1. Old NCERT <ul style="list-style-type: none"> • Ancient India – R S Sharma • Medieval India – Satish Chandra 2. New NCERT <ul style="list-style-type: none"> • Our pasts – I • Our pasts – II • Themes – I • Themes – II 3. Tamil Nadu History Textbook - Class XI 	<p>Test-9</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
		<ul style="list-style-type: none"> • Turkish conquest of India Ghaznavid Muhammad Ghuri • Rajput states • Delhi sultanate <ul style="list-style-type: none"> ➤ Slave dynasty ➤ The Khaljis ➤ The Tughlaqs ➤ The Sayyids ➤ The Lodhis • Mughal empire (Including later Mughals) • Maratha Confederacy • Southern Dynasties <ul style="list-style-type: none"> ➤ Hoysalas ➤ Yadavas ➤ Kakatiyas • Vijaynagara • Bahmani Kingdom • Regional kingdoms • Religious Movements <ul style="list-style-type: none"> ➤ Bhakti Movement ➤ Sufi Movement <p><i>(Brief History, Salient Features, Social, Economics, Religious and Cultural conditions of all the above)</i></p>		

GENERAL STUDIES 1: GEOGRAPHY

Indian and World Geography-Physical, Social, Economic Geography of India and the World.

<p>DAY 10 16/3/26</p>	<p>-Geography</p> <p>-Current Affairs 30 March 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: March 2025</p> <p>- The Insights IAS RTM Quiz</p>	<p>Physical Geography of the world</p> <ul style="list-style-type: none"> • <u>Origin and evolution of Universe Solar system</u> <ul style="list-style-type: none"> ➤ Geological History of the Earth ➤ Geological Time scale Latitude and Longitude including important Parallels and Meridians ➤ Motions of the Earth and their effects Inclination of the Earth's Axis and its effects ➤ Local and Standard Time and the International Date Line, Calendar ➤ Eclipses - Solar, Lunar 	<p>1. NCERT Class VI: The Earth: Our Habitat Chapters 1-6</p> <p>2. NCERT Class VII: Our Environment Chapters 1-7</p>	<p>Test-10</p> <p>Duration: 1 hour</p> <p>50 Questions</p>
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Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
		<ul style="list-style-type: none"> • <u>Geomorphology</u> <ul style="list-style-type: none"> ➤ Interior structure of the earth ➤ Rocks ➤ Landform Development ➤ First order (continental drift theory, sea floor spreading, plate tectonics theory) ➤ Second order (Mountains, Plateaus, Plains & other landforms) ➤ Internal forces & their impact - Volcanoes, Earth- quakes, ➤ Folding, Faulting, Isostasy ➤ External forces & their impact - Weathering, Erosion & landforms thus developed • <u>Climatology</u> <ul style="list-style-type: none"> ➤ Structure, Composition of atmosphere ➤ Weather & Climate ➤ Heat & temperature <ul style="list-style-type: none"> ○ Insolation ○ Heat Budget ○ Distribution of temperature ○ Temperature Inversion ➤ Pressure and Pressure belts ➤ Winds <ul style="list-style-type: none"> ○ Planetary winds ○ Seasonal winds ○ Local winds • Precipitation-Forms & Types, Distribution of rainfall • Air Masses • Cyclones and anti-cyclones • World Climatic regions 	<p>3. NCERT Class XI: <u>Fundamentals of Physical Geography</u></p> <ul style="list-style-type: none"> ✓ Unit 1: <i>Geography as a Discipline</i> ✓ Unit 2: <i>The Earth</i> ✓ Unit 3: <i>Landforms</i> ✓ Unit 4: <i>Climate</i> <p>4. NCERT Class XI: <u>India: Physical Environment</u></p> <ul style="list-style-type: none"> ✓ Unit 4: <i>Natural Hazards & Disas- ters</i> <p>Reference Books:</p> <p>1. Certificate Physical and Human Geography by Goh Cheng Leong</p> <p>Part 1: Physical Geography</p> <ul style="list-style-type: none"> ✓ Chapter 1: <i>The Earth & the Universe</i> ✓ Chapter 2: <i>The Earth's Crust</i> ✓ Chapter 3: <i>Vulcanism & Earth- quakes</i> ✓ Chapter 4: <i>Weathering, Mass Movement & Groundwater</i> ✓ Chapter 5: <i>Landforms made by Running Water</i> ✓ Chapter 6: <i>Landforms of Glacia- tion</i> ✓ Chapter 7: <i>Arid or Desert Land- forms</i> ✓ Chapter 8: <i>Limestone & Chalk Landforms</i> ✓ Chapter 9: <i>Lakes</i> ✓ Chapter 10: <i>Coastal Landforms</i> ✓ Chapter 11: <i>Islands & Coral Reefs</i> ✓ Chapter 12: <i>The Oceans</i> <p>Part 2: Weather, Climate & Vegetation</p> <ul style="list-style-type: none"> ✓ Chapter 13: <i>Weather</i> ✓ Chapter 14: <i>Climate</i> ✓ Chapters 15- 25 <p>For Maps, please refer to our monthly magazine: InstaMaps</p>	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 11</p> <p>17/3/26</p>	<p>-Geography</p> <p>-Current Affairs 30 March 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: March 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • <u>Oceanography</u> <ul style="list-style-type: none"> • Bottom relief Features • Ocean waves, currents, tides & Tsunamis • Temperature distribution • Salinity distribution • Marine resources • <u>Biogeography</u> <ul style="list-style-type: none"> ➤ Soils <ul style="list-style-type: none"> ○ Classification ○ Distribution ○ Erosion & Conservation ➤ Biomes <p><u>World Economic and Human Geography:</u></p> <ul style="list-style-type: none"> • Natural resources and mineral resources and distribution of key natural resources across the world • Agriculture and agro-climatic regions • Industry and location factors • Infrastructure • World Population, density & distribution, races & tribes, • settlements & migration <p><i>Continents - Major physical features, natural resources</i></p>	<p><u>NCERT Class VIII: Resources & Development</u></p> <ul style="list-style-type: none"> ✓ Chapter 1: <i>Resources</i> ✓ Chapter 2: <i>Land, Soil, Water, Natural Vegetation & Wildlife Resources</i> ✓ Chapter 3: <i>Agriculture</i> ✓ Chapter 4: <i>Industries</i> ✓ Chapter 5: <i>Human Resources</i> <p><u>NCERT Class XI: Fundamentals of Physical Geography</u></p> <ul style="list-style-type: none"> ✓ Unit 5: <i>Water (Oceans)</i> ✓ Unit 6: <i>Life on the Earth</i> <p><u>6. NCERT Class XII: Fundamentals of Human Geography</u></p> <ul style="list-style-type: none"> ✓ Chapter 1: <i>Human Geography</i> ✓ Chapter 2: <i>The World Population</i> ✓ Chapter 3: <i>Human Development</i> ✓ Chapter 4: <i>Primary Activities</i> ✓ Chapter 5: <i>Secondary Activities</i> ✓ Chapter 6: <i>Tertiary & Quaternary Activities</i> ✓ Chapter 7: <i>Transport & Communication</i> ✓ Chapter 8: <i>International Trade</i> <p>For Maps, please refer to our monthly magazine: InstaMaps</p>	<p>Test-11</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 12 18/3/26	-CSAT Test 3	1. Comprehension 2. Basic Numeracy & General mental ability ✓ Time & work ✓ Time & Distance ✓ Boats & streams ✓ Problems on trains ✓ Permutation & combination ✓ Probability ✓ Charts, graphs, tables etc.		Test-12 Duration: 1 hour 50 Questions
Day 13 19/3/26	-Geography -Current Affairs 30 March-April 2025 -The Insights IAS Current Affairs (CA) Quiz: March-April 2025 -The Insights IAS RTM Quiz	Physical Geography of India <ul style="list-style-type: none"> • Location <ul style="list-style-type: none"> ➤ Latitude ➤ Longitude ➤ Physiographic division of India <ul style="list-style-type: none"> ○ Northern Mountains ○ Plains of India ○ Peninsular Plateau ○ Islands of India ➤ Drainage System <ul style="list-style-type: none"> ○ Himalayan Drainage System ○ Peninsular Drainage System ○ Other small river system • Indian Climate <ul style="list-style-type: none"> ➤ Spatial and temporal distribution of temperature & pressure ➤ Winds ➤ Rainfall <ul style="list-style-type: none"> ○ Indian Monsoon <ul style="list-style-type: none"> ▪ Mechanism ▪ Onset ▪ Variability ○ Rainfall distribution ➤ Climatic Regions of India • Soils <ul style="list-style-type: none"> ➤ Classification of Soils ➤ Problems of Soil and Conservation • Indian Flora & Fauna <ul style="list-style-type: none"> ➤ Forests and their distribution ➤ Forest Conservation ➤ Fauna 	NCERT Class IX: Contemporary India: I <ul style="list-style-type: none"> ✓ Chapter 1: India- Size & Location ✓ Chapter 2: Physical Features of India ✓ Chapter 3: Drainage ✓ Chapter 4: Climate ✓ Chapter 5: Natural Vegetation & Wildlife ✓ Chapter 6: Population 3. NCERT Class XI: India: Physical Environment <ul style="list-style-type: none"> ✓ Unit 1: Introduction ✓ Unit 2: Physiography ✓ Unit 3: Climate & Vegetation 	Test-13 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 14</p> <p>20/3/26</p>	<p>-Geography</p> <p>-Current Affairs 30 April 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz: April 2025</u></p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<p><u>Indian Economic and Human Geography</u></p> <ul style="list-style-type: none"> • Agriculture typology and major Crops grown in India • Agro-Climatic Regions • Land Reforms and Land use pattern • Animal Husbandry, Fisheries and Aquaculture • Water Resources- Availability and potential: Lakes, rivers, dams, power and irrigation projects, wetlands and interlinking of rivers • Mineral Resources- classification and distribution • Energy Resources- conventional and non-conventional resources • Population and Growth trends - density, sex ratio, literacy, tribes and racial groups in India • Rural and Urban Settlements- types and patterns • Industries- types and their locational factors • Transport and Communication -railways, highways, inland <ul style="list-style-type: none"> • water transport, shipping and sea-ports, air transport <p>Map Based Questions from India (Location of state, city, river, lakes, important places including Ramsar sites, Biosphere Reserves, Wildlife Sanctuaries and National Parks)</p>	<p><u>NCERT Class X: Contemporary India: II</u></p> <ul style="list-style-type: none"> ✓ Chapter 1: Resources & Development ✓ Chapter 2: Forest & Wildlife Resources ✓ Chapter 3: Water Resources ✓ Chapter 4: Agriculture ✓ Chapter 5: Minerals & Energy Resources ✓ Chapter 6: Manufacturing Industries ✓ Chapter 7: Lifelines of National Economy <p>2. <u>NCERT Class XII India: People & Economy</u></p> <ul style="list-style-type: none"> ✓ Chapter 1: Population ✓ Chapter 2: Human Settlements ✓ Chapter 3: Land Resources & Agriculture ✓ Chapter 4: Water Resources ✓ Chapter 5: Mineral & Energy Resources ✓ Chapter 6: Planning & Sustainable Development in Indian Context ✓ Chapter 7: Transport & Communication ✓ Chapter 8: International Trade ✓ Chapter 9: Geographical Perspective on Selected Issues & Problems <p>For Maps, please refer to our monthly magazine: InstaMaps</p>	<p>Test-14</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 15 21/3/26	-Geography -Current Affairs 30 April 2025 -The Insights IAS <u>Current Affairs (CA) Quiz:</u> April 2024 - The Insights IAS <u>RTM Quiz</u>	Geography: Full Syllabus	<i>Refer to all the sources listed in the sectional tests above.</i>	Test-15 Duration: 1 hour 50 Questions
CSAT TEST 4				
DAY 16 22/3/26	-CSAT	<ol style="list-style-type: none"> 1. Comprehension 2. General mental ability ✓ Series completion ✓ Coding — Decoding ✓ Blood Relations ✓ Puzzle Test ✓ Sequential Output Tracing ✓ Direction Sense Test ✓ Logical Venn diagrams ✓ Alphabet Test ✓ Number, Ranking & Time Sequence Test 		Test-16 Duration: 1 hour 50 Questions
GENERAL STUDIES 2: POLITY <i>Indian Polity and Governance-Constitution, Political System, Panchayati Raj, Public Policy, Rights Issues, etc.</i>				

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 17</p> <p>23/3/26</p>	<p>-Polity</p> <p>-Current Affairs 30 April - May 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: April - May 2025</p> <p>- The Insights IAS RTM Quiz</p>	<ul style="list-style-type: none"> ➤ Constitutionalism ➤ Historical Underpinnings ➤ Evolution & Making of the Constitution ➤ Features and Significant Provisions ➤ Political systems ➤ Democratic & Non-Democratic ➤ Parliamentary & Presidential ➤ Unitary & Federal ➤ Direct and Representative ➤ Republic and Monarchy etc. ➤ The Preamble ➤ The Union and its Territory ➤ Citizenship ➤ Fundamental Rights 	<p>1. NCERT Class IX: Democratic Politics-I</p> <ul style="list-style-type: none"> ✓ Chapter 1: <i>What is a Democracy? Why Democracy?</i> ✓ Chapter 2: <i>Constitutional Design</i> ✓ Chapter 3: <i>Electoral Politics</i> ✓ Chapter 4: <i>Working of Institutions</i> ✓ Chapter 5: <i>Democratic Rights</i> <p>2. NCERT Class XI: Indian Constitution at Work</p> <p>Chapter 1: <i>Constitution</i></p> <ul style="list-style-type: none"> ✓ Chapter 2: <i>Rights in the Indian Constitution</i> ✓ Chapter 3: <i>Election & Representation</i> ✓ Chapter 7: <i>Federalism</i> ✓ Chapter 8: <i>Local Governments</i> ✓ Chapter 9: <i>Constitution as a Living Document</i> ✓ Chapter 10: <i>The Philosophy of the Constitution</i> <p>4. NCERT Class XI: Political Theory</p> <ul style="list-style-type: none"> ✓ Chapter 1: <i>Introduction</i> ✓ Chapter 2: <i>Freedom</i> ✓ Chapter 3: <i>Equality</i> ✓ Chapter 4: <i>Social Justice</i> ✓ Chapter 5: <i>Rights</i> ✓ Chapter 6: <i>Citizenship</i> ✓ Chapter 7: <i>Nationalism</i> ✓ Chapter 8: <i>Secularism</i> 	<p>Test-17</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
			<p>5. Indian Polity by M. Laxmikanth 6th Edition</p> <ul style="list-style-type: none"> ✓ Part I- Constitutiona l Framework <i>Chapters 1-11</i> ✓ Part II- System of Government <i>Chapters 12-16</i> ✓ Part VI: Union Territories & Special Areas <i>Chapters 40-41</i> ✓ Part XI: Working of the Constitution <i>Chapter 80</i> <p>Reference Books:</p> <p>Introduction to the Constitution of India by Dr. Durga Das Basu</p> <ul style="list-style-type: none"> ✓ Part I: Nature of the Constitution <i>Chapters 1-10</i> ✓ Part IV: Administrati on of Union Territories <i>Chapter 16</i> ✓ Part VI: Administrati on of Special Areas <i>Chapter 20</i> ✓ Part VIII: The Federal System <i>Chapters 24-28</i> 	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 18 24/3/26	<p>-Polity -Current Affairs 30 May 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: May 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<p><u>Central Government</u></p> <ul style="list-style-type: none"> • President of India • Vice President of India • Prime minister • Central Council of Ministers, Parliament <p><u>State Government</u></p> <ul style="list-style-type: none"> • Governor • Chief Minister • State Council of Ministers • State Legislature <p><u>Local Government</u></p> <ul style="list-style-type: none"> ➤ Panchayati Raj ➤ Local Urban Government 	<p>1. NCERT Class XI: Indian Constitution at Work</p> <ul style="list-style-type: none"> ✓ Chapter 4: Executive ✓ Chapter 5: Legislature <p>2. Indian Polity by M. Laxmikanth 6th Edition</p> <ul style="list-style-type: none"> ✓ Part-III: Central Government Chapters 17- 25 ✓ Part IV: State Government Chapters 30- 33,37 ✓ Part V: Local Government Chapters 38- 39 <p>Reference Book:</p> <p>3. Introduction to the Constitution of India by Dr. Durga Das Basu</p> <ul style="list-style-type: none"> ✓ Part II: Government of the Union <ul style="list-style-type: none"> ▪ Chapter 11: The Union Executive ▪ Chapter 12: The Union Legislature ✓ Part III: Government of the States <ul style="list-style-type: none"> ▪ Chapter 13: The State Executive ▪ Chapter 14: The State Legislature ▪ Chapter 15: J&K ✓ Part V: Local Government Chapters 17- 19 	<p>Test-18</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 19 25/3/26	-Polity -Current Affairs 30 May 2025 -The Insights IAS Current Affairs (CA) Quiz: May 2025 - The Insights IAS RTM Quiz	<ul style="list-style-type: none"> • <u>Judiciary</u> <ul style="list-style-type: none"> ➤ Supreme Court ➤ High Courts ➤ Subordinate Courts • Government Schemes 	1. NCERT Class XI: <u>Indian Constitution at Work</u> ✓ Chapter 6 : Judiciary 2. Indian Polity by M. Laxmikanth 6th Edition ✓ Judiciary : Chapters 26- 29, 34-36 Reference Book: 3. Introduction to the Constitution of India by Dr. Durga Das Basu ✓ Part VII: The Judiciary Chapters 21- 23 ✓ Part IX: Miscellaneous <i>Chapters 29- 34</i>	Test-19 Duration: 1 hour 50 Questions
CSAT TEST 5				
DAY 20 26/3/26	-CSAT Test 5	<ol style="list-style-type: none"> 1. Comprehension 2. General mental ability <ul style="list-style-type: none"> ✓ Logical Sequence of Words ✓ Arithmetical Reasoning ✓ Inserting the Missing Character ✓ Data Sufficiency ✓ Decision Making ✓ Assertion and Reason ✓ Situation Reaction Test ✓ Verification of Truth of the Statement 		Test-20 Duration: 1 hour 50 Questions
DAY 21 27/3/26	-Polity -Current Affairs 30 May - June 2025	<ul style="list-style-type: none"> • <u>Other Dimensions</u> <ul style="list-style-type: none"> ➤ Official Language ➤ Public Services ➤ Tribunals 	1. Indian Polity by M. Laxmikanth 6th Edition ✓ Part IX: Other Constitutional Dimensions Chapters 64-68	Test-21 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
	<p>-The Insights IAS Current Affairs (CA) Quiz: May - June 2025</p> <p>- The Insights IAS RTM Quiz</p>	<ul style="list-style-type: none"> ➤ Special provisions for SCs, STs, BCs, Minorities & Anglo- Indians ➤ Rights and liabilities of the Government ➤ Authoritative text in Hindi Language ➤ Anti-defection law • <u>Political dimensions</u> <ul style="list-style-type: none"> ➤ Ministries and Departments of the Government ➤ Pressure groups ➤ Elections & political parties ➤ Representation of People's Act ➤ Election Process ➤ Governance ➤ Transparency & Accountability ➤ RTI ➤ Citizen's Charter ➤ e-Governance 	<ul style="list-style-type: none"> ✓ Part X: Political Dynamics <i>Chapters 69 - 79</i> Reference Book: 1. Introduction to the Constitution of India by Dr. Durga Das Basu ✓ Part IX: Miscellaneous <i>Chapters 29- 34</i> 	
<p>DAY 22</p> <p>28/3/26</p>	<p>-Polity</p> <p>-Current Affairs 30 June 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: June 2025</p> <p>- The Insights IAS RTM Quiz</p>	<ul style="list-style-type: none"> • <u>Constitutional Bodies</u> <ul style="list-style-type: none"> ➤ Election Commission ➤ Union Public Service Commission (UPSC) ➤ State Public Service Commission (SPSC) ➤ Finance Commission ➤ CAG ➤ Attorney general of India ➤ Advocate general of India ➤ Special officer for Linguistic Minorities ➤ National Commission for Scheduled Castes (NCSC) ➤ National Commission for Scheduled Tribes (NCST) ➤ National Commission for Backward Castes (NCBC) etc. • <u>Non-Constitutional Bodies</u> NITI Aayog, NHRC, SHRC, CIC, SIC, CVC, CBI, Lokpal, Lokayukta, NCPCR etc. • <u>Government Schemes</u> • <u>International Institutions</u> UN, World Bank, IMF, WIPO, ADB, BRICS etc. 	<p>1. Indian Polity by M. Laxmikanth 6th Edition</p> <ul style="list-style-type: none"> ✓ Part VII: Constitutional Bodies <i>Chapters 42- 53</i> ✓ Part VIII: Non- Constitutional Bodies <i>Chapters 54- 63</i> ✓ Part IX: Other Constitutional Dimensions <i>Chapters 64-68</i> ✓ Part X: Political Dynamics <i>Chapters 69- 79</i> <p>2. NCERT Class XII: Contemporary World Politics</p> <ul style="list-style-type: none"> ✓ Chapter 1: The End of Bipolarity ✓ Chapter 2: Contemporary Centres of Power 	<p>Test-22</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
			<ul style="list-style-type: none"> ✓ Chapter 3: Contemporary South Asia ✓ Chapter 4: International Organisations ✓ Chapter 5: Security in the Contemporary World ✓ Chapter 6: Environment & Natural Resources ✓ Chapter 7: Globalisation <p>Newspapers: The Hindu & The IE</p> <p>Websites:</p> <ul style="list-style-type: none"> ✓ ORF ✓ The Diplomat ✓ IDSA ✓ MEA 	
<p>DAY 23</p> <p>29/3/26</p>	<p>-Polity</p> <p>-Current Affairs 30 June 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: June 2025</p> <p>- The Insights IAS RTM Quiz</p>	<p>Polity: Full Syllabus</p>	<p>Refer to all the sources listed in the sectional tests above</p>	<p>Test-23</p> <p>Duration: 1 hour</p> <p>50 Questions</p>
<p>CSAT TEST 6</p>				
<p>DAY 24</p> <p>30/3/26</p>	<p>-CSAT</p>	<ol style="list-style-type: none"> 1. Comprehension 2. Logical reasoning & Analytical ability <ol style="list-style-type: none"> (a) Logic (b) Statement - Arguments (c) Statement - Assumptions (d) Statement - Courses of Action (e) Statement - Conclusions (f) Syllogism 		<p>Test-24</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
GENERAL STUDIES 3: ECONOMY <i>Economic and Social Development-Sustainable Development, Poverty, Inclusion, Demographics, Social Sector Initiatives, etc.</i>				
DAY 25 31/3/26	-Economy -Current Affairs 30 June - July 2025 -The Insights IAS Current Affairs (CA) Quiz: June - July 2025 - The Insights IAS RTM Quiz	<ul style="list-style-type: none"> • <u>National Income Accounting:</u> <ul style="list-style-type: none"> ➤ Definition ➤ Concepts: GDP, GNP, Market Price and Factor Cost, NNP, NDP, transfer payments, National income at FC, Personal Income, disposable income, factors affecting national income, net foreign factor income ➤ Measurement of national income: value added method, income method, expenditure method, Application of various methods, Base year, GDP deflator ➤ Debates around GDP and other indices • <u>Money and Banking</u> <ul style="list-style-type: none"> ➤ Money <ul style="list-style-type: none"> ○ Definition ○ Functions and significance ○ Evolution of Money ○ Money supply in India and factors affecting it ➤ Banking <ul style="list-style-type: none"> ○ Need of banks ○ Function ○ Commercial Banks ➤ Central Bank: <ul style="list-style-type: none"> ○ Importance ○ Functions ○ Structure ○ Monetary Policy ○ Policy tools, (CRR, SLR, OMO, Repo and Rev Repo, MSF etc.) ➤ Banking Reforms 	1. <u>NCERT Class X:</u> <u>Understanding Economic Development</u> <ul style="list-style-type: none"> ✓ Chapters 1-5 2. <u>NCERT Class XI:</u> <u>Indian Economic Development</u> <ul style="list-style-type: none"> ✓ Chapter 1: Indian Economy on the Eve of Independence ✓ Chapter 2: Indian Economy 1950-90 ✓ Chapter 3: Liberalisation, Privatisation & Globalisation ✓ Chapter 4: Human Capital Formation in India ✓ Chapter 5: Rural Development ✓ Chapter 6: Employment ✓ Chapter 7: Environment & Sustainable Development ✓ Chapter 8: Comparative Development Experiences <u>NCERT Class XII:</u> <u>Introductory Macroeconomics</u> <ul style="list-style-type: none"> ✓ Chapters 1-4 4. Indian Economy by Ramesh Singh 15th Edition <ul style="list-style-type: none"> ✓ Chapter 1: Introduction ✓ Chapter 2: Growth, Development & Happiness ✓ Chapter 3: Evolution of the Indian Economy Newspapers: The Hindu & The IE	Test-25 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 26</p> <p>01/4/2026</p>	<p>-Economy</p> <p>-Current Affairs 30 June - July 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: June - July 2025</p> <p>-The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • <u>Capital Markets & Money Markets</u> <ul style="list-style-type: none"> ➤ Basic Terms and Concepts, Equity and debt Instruments ➤ Primary market and Secondary markets etc. • <u>Inflation and Employment</u> <ul style="list-style-type: none"> ➤ <u>Inflation</u> <ul style="list-style-type: none"> ○ Definition ○ Inflationary Gap and Inflationary process ○ Inflation Cycles: Demand Pull Inflation, Cost Push Inflation, ○ Causes of Inflation ○ Inflation Control measures ➤ <u>Unemployment</u> <ul style="list-style-type: none"> ○ Types of Unemployment: Structural, Seasonal, Frictional, Cyclical ○ Nature of Unemployment in India • <u>Government budgeting and Fiscal Policy</u> <ul style="list-style-type: none"> ➤ Budgeting <ul style="list-style-type: none"> ○ Evolution of Budgeting ○ Institutions and Laws ○ The Union Budget: Components - Revenue Account, ○ Capital Account, Measures of Government Deficit etc., ○ Weaknesses in the Budgetary Process ➤ Fiscal Policy <ul style="list-style-type: none"> ○ Public Finance - Role and Importance, ○ Public Expenditure - Revenue and Capital, Development and Non-Development ○ Public Revenue <ul style="list-style-type: none"> ▪ Sources of Revenue ▪ Taxes <ul style="list-style-type: none"> ✓ Classification - Direct and Indirect, Specific and Ad Valorem ✓ Social and Economic Objectives of Taxes ➤ Public Debt ➤ Deficit Financing 	<p>1. <u>NCERT Class XII: Introductory Macroeconomics</u></p> <ul style="list-style-type: none"> ✓ Chapter 5 <p>2. Indian Economy by Ramesh Singh 15th Edition</p> <ul style="list-style-type: none"> ✓ Chapter 7: Inflation & Business Cycle ✓ Chapter 11: Indian Financial Market ✓ Chapter 12: Banking in India ✓ Chapter 13: Insurance in India ✓ Chapter 14: Security Market in India ✓ Chapter 17: Tax Structure in India ✓ Chapter 18: Public Finance in India <p>Newspapers: The Hindu & The IE</p>	<p>Test-26</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 27 02/4/2026	<p>-Economy</p> <p>-Current Affairs 30 July 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz: July 2025</u></p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • <u>External Sector and Currency Exchange rate</u> <ul style="list-style-type: none"> ➤ Balance of Payments: Definition, Current and Capital Accounts, Convertibility ➤ FDI, FII -- issues, challenges etc. ➤ Foreign Trade of India ➤ Trade Policy ➤ Product wise trade ➤ Region wise trade ➤ Subsidy boxes ➤ WTO related issues and India ➤ Intellectual Property Rights • <u>International Trade and Bodies:</u> <ul style="list-style-type: none"> ➤ IMF: Purpose and Objectives, Organization and Functions, Working and Evaluation, IMF and Underdeveloped Countries, SDR's, ➤ Reforms etc., ➤ World Bank ➤ Bilateral and Regional Cooperation 	<p>1. NCERT Class XII: Introductory Macroeconomics Chapter 6</p> <p>2. Indian Economy by Ramesh Singh 15th Edition</p> <ul style="list-style-type: none"> ✓ Chapter 10: Services Sector ✓ Chapter 15: External Sector ✓ Chapter 16: International Economic Organisations ✓ Chapter 22: Economic Concepts & Terminologies <p>4. Economic Survey</p> <p>5. Union Budget</p>	<p>Test-27</p> <p>Duration: 1 hour</p> <p>50 Questions</p>
CSAT TEST 7				
DAY 28 03/4/2026	<p>-CSAT</p>	<p>CSAT: Full Syllabus</p>		<p>Test-28</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 29</p> <p>04/4/2026</p>	<p>-Economy/ Agriculture</p> <p>-Current Affairs 30 July 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: July 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • <i>Agriculture:</i> <ul style="list-style-type: none"> ➤ Recent trends in Agriculture Sector ➤ Cropping System and Pattern; ➤ Agricultural Marketing and Reforms ➤ Agricultural Research; ➤ Sustainable Agriculture; ➤ Animal Husbandry ➤ PDS ➤ Farm distress and government initiatives 	<ol style="list-style-type: none"> 1. NCERT (For Classes VI-VIII) Organic Farming <ul style="list-style-type: none"> ✓ Chapter 1: <i>What is Agriculture?</i> ✓ Chapter 2: <i>Conventional versus Organic Farming</i> ✓ Chapter 3: <i>Pillars of Organic Farming</i> ✓ Chapter 4: <i>Organic Food Production & Certification</i> ✓ Chapter 5: <i>Livelihood Opportunities & Organic Agriculture</i> 2. Basic Agriculture: Class X CBSE <ul style="list-style-type: none"> ✓ <i>Chapters 1-6</i> 3. NCERT Class VIII: Resources & Development <ul style="list-style-type: none"> ✓ Chapter 3: <i>Agriculture</i> 4. NCERT Class X: Contemporary India: II <ul style="list-style-type: none"> ✓ Chapter 4: <i>Agriculture</i> 5. Indian Economy by Ramesh Singh 15th Edition <ul style="list-style-type: none"> ✓ Chapter 8: <i>Agriculture & Food Management</i> 6. Economic Survey 7. Union Budget 	<p>Test-29</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 30</p> <p>05/4/2026</p>	<p>-Economy</p> <p>-Current Affairs 30 July 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: July 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<ul style="list-style-type: none"> • <u>Industrial Sector:</u> <ul style="list-style-type: none"> ➤ Industrial Policies ➤ Licensing ➤ MSME ➤ Labour Reforms ➤ Companies Act ➤ Make in India, Skill India ➤ Challenges in Industrial development ➤ Organised and unorganised sector ➤ PPP ➤ Investment models • <u>Initiatives by the govt.</u> <ul style="list-style-type: none"> ➤ Government policies ➤ Five-year Plans: Priorities and Performance, Issues related to planning ➤ Economic Policies till 1991 ➤ Economic Reforms since 1991: End of license Raj, Liberalization, Privatisation and Globalisation • <u>Infrastructure:</u> <ul style="list-style-type: none"> ➤ IT, Communication, Urbanisation, Transport, Mining, etc. • <u>Social Development:</u> Poverty, Inclusion, Demographics, Social Sector Initiatives 	<ol style="list-style-type: none"> 1. Indian Economy by Ramesh Singh 15th Edition <ul style="list-style-type: none"> ✓ Chapter 4: <i>Economic Planning</i> ✓ Chapter 5: <i>Planning in India</i> ✓ Chapter 6: <i>Economic Reforms</i> ✓ Chapter 9: <i>Industry & Infrastructure</i> ✓ Chapter 20: <i>Human Development in India</i> ✓ Chapter 21 2. NCERT Class XI: Indian Economic Development <ul style="list-style-type: none"> ✓ Chapter 3: <i>Liberalisation, Privatisation & Globalisation</i> 3. NCERT Class IX: Economics <ul style="list-style-type: none"> ✓ <i>Chapters 1-4</i> 4. NCERT Class XI: Introducing Sociology <ul style="list-style-type: none"> ✓ <i>Chapters 1-5</i> 5. NCERT Class XII: Indian Society <ul style="list-style-type: none"> ✓ <i>Chapters 1-7</i> 6. NCERT Class XII: Social Change & Development in India <ul style="list-style-type: none"> ✓ Chapter 1: <i>Structural Change</i> ✓ Chapter 2: <i>Cultural Change</i> ✓ Chapter 3: <i>The Constitution & Social Change</i> ✓ Chapter 4: <i>Change & Development in Rural Society</i> ✓ Chapter 5: <i>Change & Development in Industrial Society</i> ✓ Chapter 7: <i>Mass Media & Communications</i> ✓ Chapter 8: <i>Social Movements</i> 7. Economic Survey 8. Union Budget 	<p>Test-30</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 31 06/4/2026	-Economy -Current Affairs 30 Aug 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Aug 2025 - The Insights IAS <u>RTM Quiz</u>	Economy: Full Syllabus	Refer to all the sources listed in the sectional tests above. Economic Survey Union Budget	Test-31 Duration: 1 hour 50 Questions
CSAT TEST 8				
DAY 32 07/4/2026	-CSAT	CSAT: Full Syllabus		Test-32 Duration: 1 hour 50 Questions
GENERAL STUDIES 3: ENVIRONMENT & ECOLOGY <i>General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization.</i>				
DAY 33 08/4/2026	-Environment & Ecology -Current Affairs 30 Aug 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Aug 2025 - The Insights IAS <u>RTM Quiz</u>	<ul style="list-style-type: none"> • <u>Ecology and Functions of an ecosystem</u> <ul style="list-style-type: none"> ➤ Terrestrial ecosystems ➤ Aquatic ecosystems • <u>Environmental pollution</u> <ul style="list-style-type: none"> ➤ Pollutants ➤ Air pollution ➤ Water Pollution ➤ Soil Pollution ➤ Noise Pollution ➤ Radioactive pollution ➤ E-Waste ➤ Solid Waste ➤ Bioremediation 	1. NCERT Class XII: Biology Unit X: Ecology ✓ Chapters 11-13 2. NCERT Class XII: Contemporary World Politics ✓ Chapter 6: Environment & Natural Resources 3. NCERT Class X: Science ✓ Chapter 13: Our Environment 4. S. Chand's ICSE Environmental Education for Class X ✓ Chapter 2: Pollution ✓ Chapter 3: Issues of Environment Newspapers: The Hindu & The IE Websites: ✓ <i>Down to Earth</i> ✓ <i>MOEFCC</i>	Test-33 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 34</p> <p>09/4/2026</p>	<p>- Environment & Ecology</p> <p>-Current Affairs 30 Aug 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: Aug 2025</p> <p>- The Insights IAS RTM Quiz</p>	<p>3. Biodiversity</p> <ul style="list-style-type: none"> ➤ Basic Concepts ➤ Plant and Animal Diversity ➤ Marine Organisms ➤ Threat to Biodiversity ➤ Protected Area Network: National parks, Wild-life sanctuaries, Biosphere reserves, Reserved and protected forests, Conservation and community reserves, Village and panchayat Forests, Private protected areas, Conservation areas ➤ Biodiversity Conservation efforts ➤ Indian Biodiversity and conservation efforts ➤ Bioprospecting ➤ Biosafety ➤ Biopiracy 	<p>1. NCERT Class XI: Fundamentals of Physical Geography</p> <ul style="list-style-type: none"> ✓ Chapter 14: Biodiversity & Conservation <p>3. NCERT Class XII: Biology</p> <p>Unit X: Ecology</p> <ul style="list-style-type: none"> ✓ <i>Chapters 11-13</i> <p>S. Chand's ICSE Environmental Education for Class X</p> <ul style="list-style-type: none"> ✓ Chapter 1: Restoring Balance in Ecosystem ✓ Chapter 4: Striving for a better Environment 	<p>Test-34</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 35 10/4/2026	-Environment & Ecology -Current Affairs 30 Sept 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Sept 2025 -The Insights IAS <u>RTM Quiz</u>	<ul style="list-style-type: none"> • <u>Environmental problems:</u> <ul style="list-style-type: none"> ➤ Climate Change ➤ Acidification ➤ Eutrophication ➤ Ozone Depletion ➤ Mitigation Strategies ➤ India and Climate Change • <u>Conservation efforts: India and World</u> <ul style="list-style-type: none"> ➤ Institutional and Organizational mechanisms ➤ Environmental Acts and Policies ➤ Environmental conventions ➤ Sustainable development Environmental Monitoring and Impact Assessment 	1. NCERT Class XI: Fundamentals of Physical Geography <ul style="list-style-type: none"> ✓ Chapter 14: <i>Biodiversity & Conservation</i> 2. NCERT Class XI: Indian Economic Development <ul style="list-style-type: none"> ✓ Chapter 7: <i>Environment & Sustainable Development</i> 3. Indian Economy by Ramesh Singh 15th Edition <ul style="list-style-type: none"> ✓ Chapter 19: <i>Sustainability & Climate Change</i> 4. S. Chand's ICSE Environmental Education for Class X <ul style="list-style-type: none"> ✓ Chapter 1: <i>Restoring Balance in Ecosystem</i> ✓ Chapter 2: <i>Pollution</i> ✓ Chapter 3: <i>Issues of Environment</i> ✓ Chapter 4: <i>Striving for a better Environment</i> 	Test-35 Duration: 1 hour 50 Questions
CSAT TEST 9				
DAY 36 11/4/2026	-CSAT	CSAT: Full Syllabus		Test-36 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 37</p> <p>12/4/2026</p>	<p>- Environment & Ecology -Current Affairs 30 Sept 2025</p> <p>-The Insights IAS <u>Current Affairs (CA) Quiz</u>: Sept 2025</p> <p>- The Insights IAS <u>RTM Quiz</u></p>	<p>Environment & Ecology: Full Syllabus</p>	<p>.NCERT Class XI: Fundamentals of Physical Geography ✓ Chapter 14: <i>Biodiversity & Conservation</i></p> <p>2. NCERT Class XI: Indian Economic Development ✓ Chapter 7: <i>Environment & Sustainable Development</i></p> <p>3. NCERT Class XII: Biology Unit X: Ecology ✓ Chapters 11-13</p> <p>4. NCERT Class XII: Contemporary World Politics ✓ Chapter 6: <i>Environment & Natural Resources</i></p> <p>5. NCERT Class X: Science ✓ Chapter 13: <i>Our Environment</i></p> <p>6. Indian Economy by Ramesh Singh 15th Edition ✓ Chapter 19: <i>Sustainability & Climate Change</i></p> <p>7. S. Chand's ICSE Environmental Education for Class X ✓ Chapter 1: <i>Restoring Balance in Ecosystem</i> ✓ Chapter 2: <i>Pollution</i> ✓ Chapter 3: <i>Issues of Environment</i> ✓ Chapter 4: <i>Striving for a better Environment</i></p> <p>Newspapers: The Hindu & The IE</p> <p>Websites: ✓ <i>Down to Earth</i> ✓ <i>MOEFCC</i></p>	<p>Test-37</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
GENERAL STUDIES 3: SCIENCE & TECHNOLOGY <i>General Science.</i>				
DAY 38 13/4/2026	-Science & Tech -Current Affairs 30 Sept 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u>: Sept 2025 - The Insights IAS <u>RTM Quiz</u>	<ul style="list-style-type: none"> • S&T in India <ul style="list-style-type: none"> ➤ Historical Perspective ➤ Science and Planning ➤ S&T Policies in Independent India ➤ S&T Infrastructure in India ➤ Department of Science and Technology • Earth Sciences <ul style="list-style-type: none"> ➤ Weather Forecasting and Climate Research in India ➤ Seismology Research ➤ Ocean Development ➤ Natural Disasters • Energy <ul style="list-style-type: none"> ➤ Types of Energy Resources ➤ Fossil Fuels ➤ Renewable Sources and their Development in India • Nuclear Science <ul style="list-style-type: none"> ➤ Radioactivity ➤ Radioisotopes ➤ Nuclear Power ➤ Applications of Nuclear S&T ➤ Safety Issues ➤ Nuclear Weapons ➤ India's Nuclear Science Programme ➤ Particle Physics 	1. <u>NCERT Class VI: Science</u> ✓ Chapters 1-11 2. <u>NCERT Class VII: Science</u> ✓ Chapters 1-13 3. <u>NCERT Class VIII: Science</u> ✓ Chapters 1-13 4. <u>NCERT Class IX: Science</u> ✓ Chapters 1-12 5. <u>NCERT Class X: Science</u>	Test-38 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
		<ul style="list-style-type: none"> • Information Technology <ul style="list-style-type: none"> ➤ Electronics ➤ Computers ➤ The Internet ➤ Computer Security ➤ Telecommunication ➤ India and Info-Tech ➤ Artificial Intelligence ➤ Robots and Robotics ➤ Fibre Optics ➤ Computer- and IT-Related Terms and Products • Lasers <ul style="list-style-type: none"> ➤ Principles and Types ➤ Applications ➤ Basic Science ➤ Industry ➤ Defence ➤ Nuclear Energy ➤ Health and Medical Care ➤ Laser Technology in India • Superconductivity <ul style="list-style-type: none"> ➤ What is Superconductivity ➤ Uses and Applications ➤ Research in India • Nanotechnology <ul style="list-style-type: none"> ➤ Understanding Nanotechnology ➤ Approaches in Nanotechnology ➤ Applications ➤ Implications and Various Concerns ➤ Nanotechnology in India ➤ Nano Mission 	<p>✓ Chapters 1-13</p> <p>6. NCERT Class XI: Biology ✓ Units 4 & 5</p> <p>7. NCERT Class XII: Biology ✓ Unit 8</p> <p>Newspapers: The Hindu & The IE</p>	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
<p>DAY 39 14/4/2026</p>	<p>-Science & Tech</p> <p>-Current Affairs 30 Oct 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: Oct 2025</p> <p>- The Insights IAS RTM Quiz</p>	<ul style="list-style-type: none"> • Astronomy and Space Research <ul style="list-style-type: none"> ➤ Astronomy and its Importance ➤ The Origin and Development of the Universe ➤ Accelerating Expansion of the Universe ➤ The Objects in the Universe ➤ Observing the Universe ➤ Space Exploration ➤ Elements of Space Research and Technology ➤ Major Space Probes ➤ India's Space Programme ➤ India's Space Ventures ➤ Space Applications ➤ Milestones in India's Space Ventures ➤ Space-Industry Partnership in India ➤ Export Promotion ➤ International Cooperation in Space ➤ Space Garbage and Dealing with it • Defence Research and Technology <ul style="list-style-type: none"> ➤ Weapon Innovations of Note <ul style="list-style-type: none"> ➤ Defence R&D in India • Health and Medicine <ul style="list-style-type: none"> ➤ Disease-Causing Agents ➤ Infectious Diseases ➤ Non-Infectious or Degenerative Diseases ➤ Deficiency Diseases ➤ Allergies ➤ Cancer ➤ Recent Life Style Concerns ➤ Health Policies and Programmes in India ➤ Indian Systems of Medicine and Homoeopathy • Genetics <ul style="list-style-type: none"> ➤ What are Genetics? ➤ Physical Basis of Heredity ➤ Chemical Basis of Heredity ➤ Gene Mapping ➤ Genome Analysis and Human Genetics 	<ol style="list-style-type: none"> 1. NCERT Class VI: Science ✓ Chapters 1-11 2. NCERT Class VII: Science ✓ Chapters 1-13 3. NCERT Class VIII: Science ✓ Chapters 1-13 4. NCERT Class IX: Science ✓ Chapters 1-12 5. NCERT Class X: Science ✓ Chapters 1-13 6. NCERT Class XI: Biology ✓ Units 4 & 5 7. NCERT Class XII: Biology ✓ Unit 8 	<p>Test-39</p> <p>Duration: 1 hour</p> <p>50 Questions</p>

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
		<ul style="list-style-type: none"> • Biotechnology <ul style="list-style-type: none"> ➤ What is Biotechnology ➤ Biotechnology Techniques ➤ Genetic Engineering ➤ DNA Fingerprinting ➤ Cloning ➤ Artificial Insemination and Embryo ➤ Stem Cell Technology ➤ Applications of Biotechnology ➤ Biotech Research in India ➤ Patents and Biotechnology • Applications of S&T <ul style="list-style-type: none"> ➤ Agriculture and Rural Development ➤ Basic Resources of Agriculture ➤ Environment-Friendly Agriculture <ul style="list-style-type: none"> ◆ Sustainable Agriculture ◆ S&T Advancements in Agricultural Produce in India ◆ Genetically Modified Crops: Biosafety and Regulation ◆ Animal Husbandry ◆ Agriculture in Special Areas ◆ Climate-Smart Agriculture ◆ Research, Education, Transfer of Technology in India ◆ S&T and Rural Development in India ➤ Industry <ul style="list-style-type: none"> ◆ Major R&D Infrastructure in India ◆ Contribution of CSIR ◆ Intellectual Property Rights Comments on the National IPR Policy 	<p>NCERT Class XII: Biology Unit IX: Biotechnology</p> <p>Newspapers: The Hindu & The IE</p>	

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
COMMENCEMENT OF ROUND 2 TESTS				
DAY 40 15/4/2026	-Modern Indian History -Current Affairs 30 Oct 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Oct 2025 - The Insights IAS <u>RTM Quiz</u>	History of India and Indian National Movement.	<i>Refer to all the sources listed in the sectional tests for Modern Indian History</i>	Test-40 Duration: 1 hour 50 Questions
DAY 41 16/4/2026	-Art & Culture -Current Affairs 30 Oct- Nov 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Oct 2025 - The Insights IAS <u>RTM Quiz</u>	Art & Culture	<i>Refer to all the sources listed in the sectional tests for Art & Culture</i>	Test-41 Duration: 1 hour 50 Questions
CSAT TEST 10				
DAY 42 17/4/2026	-CSAT	CSAT: Full Syllabus		Test-42 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 43 18/4/2026	-Ancient & Medieval India -Current Affairs 30 Oct 2025 -The Insights IAS <u>Current Affairs (CA) Quiz:</u> Oct 2025 - The Insights IAS <u>RTM Quiz</u>	Ancient & Medieval India	<i>Refer to all the sources listed in the sectional tests for Ancient & Medieval India</i>	Test-43 Duration: 1 hour 50 Questions
DAY 44 19/4/2026	-Geography -Current Affairs 30 Nov 2025 -The Insights IAS <u>Current Affairs (CA) Quiz:</u> Nov 2025 - The Insights IAS <u>RTM Quiz</u>	Indian and World Geography-Physical, Social, Economic Geography of India and the World.	<i>Refer to all the sources listed in the sectional tests for Geography</i>	Test-44 Duration: 1 hour 50 Questions
DAY 45 20/4/2026	-Polity -Current Affairs 30 Nov 2025 -The Insights IAS <u>Current Affairs (CA) Quiz:</u> Nov 2025 - The Insights IAS <u>RTM Quiz</u>	Indian Polity and Governance-Constitution, Political Sys- tem, Panchayati Raj, Public Policy, Rights Issues, etc.	<i>Refer to all the sources listed in the sectional tests for Polity</i>	Test-45 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
DAY 46 21/4/2026	-Economy -Current Affairs 30 Nov 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Nov 2025 - The Insights IAS <u>RTM Quiz</u>	Economic and Social Development-Sustainable Development, Poverty, Inclusion, Demographics, Social Sector Initiatives, etc.	<i>Refer to all the sources listed in the sectional tests for Economy</i>	Test-46 Duration: 1 hour 50 Questions
DAY 47 22/4/2026	-Environment & Ecology -Current Affairs 30 Dec 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Dec 2025 - The Insights IAS <u>RTM Quiz</u>	General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization.	<i>Refer to all the sources listed in the sectional tests for Environment & Ecology</i>	Test-47 Duration: 1 hour 50 Questions
CSAT TEST 11				
DAY 48 23/4/2026	-CSAT	CSAT: Full Syllabus		Test-48 Duration: 1 hour 50 Questions
DAY 49 24/4/2026	-Science & Technology -Current Affairs 30 Dec 2025 -The Insights IAS <u>Current Affairs (CA) Quiz</u> : Dec 2025 - The Insights IAS <u>RTM Quiz</u>	General Science	<i>Refer to all the sources listed in the sectional tests for Science & Technology</i>	Test-49 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
COMMENCEMENT OF ROUND 3 TESTS				
DAY 50 25/4/2026	<p>-Modern Indian History, Art & Culture, Ancient & Medieval</p> <p>-Current Affairs 30 Jan 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: Jan 2025</p> <p>- The Insights IAS RTM Quiz</p>	History of India and Indian National Movement.	<i>Refer to all the sources listed in the sectional tests.</i>	Test-50 Duration: 1 hour 50 Questions
DAY 51 26/4/2026	<p>-Polity</p> <p>-Current Affairs 30 Jan 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: Jan 2025</p> <p>- The Insights IAS RTM Quiz</p>	Indian Polity and Governance-Constitution, Political System, Panchayati Raj, Public Policy, Rights Issues, etc.	<i>Refer to all the sources listed in the sectional tests.</i>	Test-51 Duration: 1 hour 50 Questions
DAY 52 27/4/2026	<p>- Economy, Environment & Ecology, Science & Technology</p> <p>-Current Affairs 30 Jan & Feb 2025</p> <p>-The Insights IAS Current Affairs (CA) Quiz: Jan & Feb 2025</p> <p>- The Insights IAS RTM Quiz</p>	<ul style="list-style-type: none"> • Economy: <ul style="list-style-type: none"> ✓ Economic and Social Development ✓ Sustainable Development ✓ Poverty ✓ Inclusion ✓ Demographics ✓ Social Sector Initiatives, etc. • Environment & Ecology: General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization. • Science & Technology: General Science. 	<i>Refer to all the sources listed in the sectional tests above</i>	Test-52 Duration: 1 hour 50 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
UPSC CSE PRELIMS TEST: PAPER 1 (FLT)				
DAY 53 28/4/2026	-Paper 1: GS for UPSC Prelims -Current Affairs 30 Jan & Feb 2026 -The Insights IAS Current Affairs (CA) Quiz: Jan & Feb 2026 - The Insights IAS RTM Quiz	<ol style="list-style-type: none"> 1. Current events of national and international importance. 2. History of India and Indian National Movement. 3. Indian and World Geography-Physical, Social, Economic Geography of India and the World. 4. Indian Polity and Governance-Constitution, Political System, Panchayati Raj, Public Policy, Rights Issues, etc. 5. Economic and Social Development-Sustainable Development, Poverty, Inclusion, Demographics, Social Sector Initiatives, etc. 6. General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization. 7. General Science. 	<i>Refer to all the sources listed in the sectional tests</i>	Test-53 Duration: 2 hour 100 Questions
CSAT TEST 12				
DAY 53 28/4/2026	-CSAT	CSAT: Full Syllabus		Test-53 Duration: 2 hour 80 Questions
UPSC CSE PRELIMS TEST: PAPER 1 (FLT)				
DAY 54 30/4/2026	-Paper 1: GS for UPSC Prelims -Current Affairs 30 Jan & Feb 2026 -The Insights IAS Current Affairs (CA) Quiz: Jan & Feb 2026 - The Insights IAS RTM Quiz	<ol style="list-style-type: none"> 1. Current events of national and international importance. 2. History of India and Indian National Movement. 3. Indian and World Geography-Physical, Social, Economic Geography of India and the World. 4. Indian Polity and Governance-Constitution, Political System, Panchayati Raj, Public Policy, Rights Issues, etc. 5. Economic and Social Development-Sustainable Development, Poverty, Inclusion, Demographics, Social Sector Initiatives, etc. 6. General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization. 7. General Science. 	<i>Refer to all the sources listed in the sectional tests</i>	Test-54 Duration: 2 hour 100 Questions

Date/Day	Subject/Broad Topic	Topics to be covered	Sources (Books, Websites, etc.)	Test No. and Duration
CSAT TEST 13				
DAY 54 29/4/2026	-CSAT	CSAT: Full Syllabus		Test-54 Duration: 2 hour 80 Questions
UPSC CSE PRELIMS TEST: PAPER 1 (FLT)				
DAY 55 02/5/2026	- Paper 1: GS for UPSC Prelims - Current Affairs 30 Jan & Feb 2026 - The Insights IAS Current Affairs (CA) Quiz: Jan & Feb 2026 - The Insights IAS RTM Quiz	<ol style="list-style-type: none"> 1. Current events of national and international importance. 2. History of India and Indian National Movement. 3. Indian and World Geography-Physical, Social, Economic Geography of India and the World. 4. Indian Polity and Governance-Constitution, Political System, Panchayati Raj, Public Policy, Rights Issues, etc. 5. Economic and Social Development-Sustainable Development, Poverty, Inclusion, Demographics, Social Sector Initiatives, etc. 6. General issues on Environmental ecology, Bio-diversity and Climate Change - that do not require subject specialization. 7. General Science. 	<i>Refer to all the sources listed in the sectional tests</i>	Test-55 Duration: 2 hour 100 Questions
CSAT TEST 14				
DAY 55 30/4/2026	-CSAT	CSAT: Full Syllabus		Test-55 Duration: 2 hour 80 Questions
COMPLETION OF I-WIN PRELIMS TESTS				
Start Preparing for the Insights IAS FREE 75-Days Revision Plan				
24/05/2026 Sunday		It's time to WIN the UPSC CSE Prelims 2026		

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- Soft Copy of the Synopsis will be provided for each test
- Test Timing: 9- 10 AM (1 hour)
- No. of Questions in each test: 50
- No. of Tests: 58
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- Revision through MCQs (RTM) Quiz: 10 MCQs per day based on the CA of the previous day
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- Static Quiz: 5 MCQs per day based on static syllabi
- Insta DART: 5 MCQs per day on CSAT

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- Monthly Current Affairs Magazine: CURRENT AFFAIRS 30
- Content for Mains Enrichment (CME): Useful for Essay and Ethics. Provides a plethora of examples and case studies that can be used in the GS Papers too!
- InstaMaps: Important Places in News in India & the World

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