



INSIGHTSIAS

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INSTA PRELIMS TEST SERIES

For UPPSC 2023

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1. PRELIMS 2023 Timetable

INSTA PRELIMS TEST SERIES for UPPSC

Date	Subject	Syllabus	Sources
General Studies: Prelims Test 1			
8th February 2023 Wednesday	General Studies: Ancient & Medieval India	Ancient History <ul style="list-style-type: none">• Prehistoric period• Indus Valley Civilization• Vedic Age- Rig vedic age and Later vedic age• The Age of 16 Mahajanapadas and religious reforms- Buddhism and Jainism.• Mauryan Age- art, architecture and administration.• Post Mauryan Age-Indo Greek Invasion, Satavahanas, three schools of sculpture.• Guptas Age- golden age of art and culture, political history.• Regional Kingdoms	Old NCERT <ul style="list-style-type: none">• Ancient India – R S Sharma• Medieval India – Satish Chandra New NCERT• Our pasts – I• Our pasts – II• Themes – I• Themes – II Current Affairs: (1/7/2022-1/02/2023) from the below sources.

		<ul style="list-style-type: none"> • Post Guptas AgeHarshavardhana, Pallava, Chalukya, Other regional Kingdoms, Decline in trade and commerce. Medieval History • Tripartite Struggle Pratiharas Palas, Rashtrakutas • Chola Empire • Muslim invaders: Ghaznavid Muhammad Ghuri • Rajputana history and culture • Delhi sultanate <ul style="list-style-type: none"> • ➤ Slave dynasty • ➤ The Khaljis • ➤ The Tughlaqs • ➤ The Sayyids • ➤ The Lodhis • ➤ Coinage • ➤ Architecture • ➤ Economy and trade • Mughal empire- <ul style="list-style-type: none"> • ➤ Babar • ➤ Humayun, • ➤ Shershah Suri, • ➤ Akbar, • ➤ Jahangir, • ➤ Indo-Islamic architecture, • ➤ Mughal administration, • ➤ Shahjahan, • ➤ Religious policy and expansion under Aurangzeb. • Vijaynagara Empire • Bahmani Kingdom • Regional kingdoms • Religious Movements <ul style="list-style-type: none"> ➤ Bhakti Movement ➤ Sufi Movement (Broad understanding of social, economic and political aspects) • Current Affairs • UP Special 	<p>Sources: •</p> <p>INSIGHTSIAS</p> <p>Current Affairs Quiz</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 2

15th February 2023 Wednesday	General Studies:	• FREEDOM STRUGGLE OF INDIA: Synoptic view of nature and	• Indian Culture by
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	<p>Freedom Struggle+ Art and Culture</p>	<p>character of freedom movement, growth of nationalism and attainment of independence.</p> <ul style="list-style-type: none"> • Advent of Europeans in India- The Portuguese, French, English, Dutch, Danes, Anglo-French rivalry, Carnatic wars, Subsidiary alliance, Doctrine of lapse, Dual system, Charter Acts. • The revolt of 1857- causes and spread, Early modern organization, Indian national Congress, Phase of Moderates- leaders, drain of wealth, Extremists- leaders, Surat split, Home Rule League, Bal Gangadhar Tilak, Annie Besant, Theosophical society, Socio-religious reforms, Lucknow Pact of 1916. • Arrival of Mahatma Gandhi, Champaran movement , Ahmedabad mill strike, Kheda satyagraha, Rowlett Act and Non-cooperation movement, Karachi session of Congress(1931), Role of revolutionaries, Civil Disobedience movement, Salt Satyagraha, Round Table Conferences. • Second world war and resignation of Congress ministries, August Offer, Individual Disobedience, Cripps Mission, Quit India Mission, demand for Pakistan, Indian national Army and Netaji Subhash Chandra Bose, Mountbatten Plan, Indian independence Act 1947. • Indian Art and Culture • Current Affairs • UP special 	<p>Nitin Singhania</p> <ul style="list-style-type: none"> • CCRT - Art and Culture <p><u>Modern Indian History</u></p> <ul style="list-style-type: none"> • NCERTs • India's struggle for independence – Bipin Chandra <p><u>Current Affairs:</u></p> <p>(1/7/2022-10/02/2023) from the below sources.</p> <ul style="list-style-type: none"> • <u>INSIGHTSIAS</u> <u>Current Affairs Quiz.</u> • <u>INSIGHTSIAS</u> <u>Current Affairs.</u> • <u>INSIGHTS REVISION THROUGH MCQs</u>
General Studies: Prelims Test 3			
<p>22ND February 2023 Wednesday</p>	<p>Geography of India</p>	<ul style="list-style-type: none"> • GEOGRAPHY OF INDIA- Physical, social and economic geography of India. 	<ul style="list-style-type: none"> • India Physical Environment

		<ul style="list-style-type: none"> • Location, peninsular Block, Indus-Ganga-Brahmaputra plains, Himalayan mountain. Drainage system- Himalayan and peninsular drainage, Indus river system, Ganga river system, Brahmaputra river system. Rivers of peninsular India- Krishna, Godavari, Kaveri, and other small east and west flowing rivers. • Climatic features- factors influencing the climate of India, Mechanism of monsoon-theories, arrival, break, retreat, seasons, rainfall-variations, soil-texture, types, degradation, vegetation, EL NINO and LA NINO. • Demography, Population distribution and change, Migration- push and pull factors, Urbanization-trends and features, tribes of India. • Minerals-metallic and non-metallic, energy resources, with special focus on Iron, Coal, limestone, Oil and natural gas, nuclear energy. • Industries-Iron and steel, cement, Cotton, Silk, etc. with special focus on locational aspects. • Mapping based questions (Rivers, Mountains, Mines and Industrial hubs, Ports, Lakes, National Parks Etc.) • Current Affairs • UP Special 	<p>(NCERT Class XI)</p> <ul style="list-style-type: none"> • India - People and Economy (NCERT Class XII) • Mapping – India <p>Current Affairs:</p> <p>(1/7/2022-17/02/2023)</p> <p>from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIA S Current Affairs Quiz. • INSIGHTSIA S Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 4

<p>1st March 2023 Wednesday</p>	<p>General Studies: Geography of World</p>	<ul style="list-style-type: none"> • WORLD GEOGRAPHY – Physical, social and economic geography of world. • Earth-origin, latitudes, longitudes, International Date Line, Sun, Planets, asteroids. Earth's interior, layers of earth-crust, mantle, core. Earthquake- origin, seismic waves, distribution. Volcanoes- types, origin and 	<ul style="list-style-type: none"> • Fundamentals of Physical Geography (NCERT Class XI) • Fundamentals of Human Geography (NCERT Class XII) • Goh Cheng Leong - Certificate
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		<p>distribution. Rocks- igneous, sedimentary, metamorphic. Weathering and erosion.</p> <ul style="list-style-type: none"> • Coral reefs-significance and coral bleaching, ocean salinity-variations, factors affecting the salinity, ocean currents- origin, types and movement, waves and tides. • Solar radiation and insolation, Heat budget of the planet earth, factors affecting the distribution of temperature, atmospheric pressure, general circulation of atmosphere, planetary and local winds, Air mass, front, cyclones, anti-cyclones, jet streams-types and flow. Humidity, condensation and precipitation. • Climatic regions of the globe and mapping related questions. • Mapping based questions on world geography (Mountains, Rivers, Lakes, Cities, Mines and Industry, Etc.) • Current Affairs • UP Special 	<p>Physical and Human Geography</p> <ul style="list-style-type: none"> • Mapping - World <p><u>Current Affairs:</u> (1/7/2022-25/02/2023) from the below sources.</p> <ul style="list-style-type: none"> • <u>INSIGHTSIAS Current Affairs Quiz.</u> • <u>INSIGHTSIAS Current Affairs.</u> • <u>INSIGHTS REVISION THROUGH MCQs</u>
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General Studies: Prelims Test 5

<p>9 March 2023</p> <p>Thursday</p>	<p>Polity+ International organizations</p>	<ul style="list-style-type: none"> • INDIAN POLITY AND GOVERNANCE- Constitution, political system, Panchayati raj, public policy, rights issue. • Historical background of the Indian Constitution, Constituent Assembly, Preamble, Citizenship, Fundamental Rights, Fundamental Duties, DPSPs, 	<ul style="list-style-type: none"> • Indian Constitution at Work (NCERT Class XI) • LAXMIKANT H – Indian Polity Current Affairs: (1/7/2022-02/03/2023) from the below sources. • INSIGHTSIAS
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		<ul style="list-style-type: none"> • President, Vice President, Union Cabinet, Governor of state, Parliamentary democracy- role of Speaker, Lok Sabha and Rajya Sabha, Judiciary- Supreme Court and High Courts • Panchayati Raj with special focus on 73rd constitutional amendment Act and the 74th Constitutional Amendment Act, District planning Committee. • Center-state relationship legislative, executive and financial, role of GST Council and Finance Commission, Inter-state council, Zonal Councils. • Constitutional bodies like Election Commission of India, Schedules of the Constitution. • Non-Constitutional Bodies NITI Aayog, NHRC, SHRC, CIC, SIC, CVC, CBI, Lokpal, Lokayukta, NCPCR etc. • International Organisations – BRICS, SAARC, ASEAN, SCO, UN, WORLD BANK, IMF, WTO, Etc 	<p>Current Affairs Quiz.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 6

<p>15th March 2023 Wednesday</p>	<p>General Studies: Economy, Ecology and Sustainable Development</p>	<p>ECONOMY AND SUSTAINABLE DEVELOPMENT- Sustainable development, Poverty, Inclusion, Social Sector Initiatives, Environmental Ecology, Biodiversity and Climate change.</p> <p>Estimates of Poverty, indices and issues. Inclusive growth and the challenges of sustainable development- India’s Renewable energy targets, afforestation, and pollution control. Biodiversity- distribution, threats and conservation.</p> <p>National Income, GDP, Budgeting, Inflation-types, Capital Market,</p>	<ul style="list-style-type: none"> • Indian Economy by Ramesh Singh • Environment - Shankar IAS <p>Current Affairs: (1/7/2022-10/03/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs.
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		<p>Money Market, role of RBI, nationalization of banks, The New Economic Policy(1991), PSEs, Disinvestment, Maharatna, Navratna, Miniratnas, Monetary Policy, BoP, India's Foreign Trade Policy, Economic Survey, Committees and Commissions.</p> <p>Governemnt Schemes of Union and states.</p> <p>Current affairs and UP Special</p>	<ul style="list-style-type: none"> • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 7

<p>22nd March 2023</p> <p>Wednesday</p>	<p>General Studies:</p> <p>General Science</p>	<ul style="list-style-type: none"> • GENERAL SCIENCE- Questions on this will cover general understanding and appreciation of Science including matters of everyday observation and experience, as expected from a well educated person, who has not made a special study of any scientific discipline. • Physics, Chemistry, Biology • Fundamental understanding of topics from Biotechnology, Nanotechnology, Artificial Intelligence, Space and Defence. 	<ul style="list-style-type: none"> • NCERTs-Old and new. <p>Current Affairs:</p> <p>(1/7/2022-16/03/2023)</p> <p>from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 8

<p>29th March 2023</p> <p>Wednesday</p>	<p>UP Special+ Miscellaneous</p>	<p>UP Special: Geography, History, Polity and Economy of the State. With a special focus on</p>	<p>Current Affairs: (1/7/2022-</p>
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		<ol style="list-style-type: none"> 1. Important institutions and their locations. 2. Distribution and potential of Mineral and Energy Resources of the state. 3. Rivers, lakes and Forests of Uttar Pradesh. 4. Budget of state and economic survey. 5. Current affairs related to state. 6. Miscellaneous topics. 7. Current Affairs 	<p>23/03/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 9

<p>4th April 2023 Tuesday</p>	<p>GS Test 1</p>	<p>Full Syllabus</p>	<p><u>Current Affairs:</u> (1/7/2023-30/03/2023) from the below sources.</p> <p>INSIGHTSIAS Current Affairs Quiz.</p>
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General Studies: Prelims Test 10

<p>11th April 2023 Tuesday</p>	<p>GS Test 2</p>	<p>Full Syllabus</p>	<p><u>Current Affairs:</u> (1/7/2023-5/04/2023) from the below sources.</p> <p>INSIGHTSIAS Current Affairs Quiz.</p>
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General Studies: Prelims Test 11

<p>18th April 2023 Tuesday</p>	<p>GS Test 3</p>	<p>Full Syllabus</p>	<p><u>Current Affairs:</u> (1/7/2022-13/04/2023) from the below sources.</p>
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			<ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
CSAT Test – 1			
18th April 2023 Tuesday	CSAT- Full Syllabus		
General Studies: Prelims Test 12			
25th April 2023 Tuesday	GS Test 4	FULL SYLLABUS	<p><u>Current Affairs:</u> (01/7/2022-20/04/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
General Studies: Prelims Test 13			

1 st May 2023 Monday	GS Test 5	FULL SYLLABUS	Current affairs till 25/04/2023
General Studies: Prelims Test 14			
7th May 2023 Sunday	GS Test 6	FULL SYLLABUS	Current Affairs: (1/7/2022- 2/5/2023) from the below sources. • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
CSAT Test-2			
7 th May 2023 Sunday	CSAT- Full Syllabus		

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2. Note on Sources Mentioned:

- a. In all cases except otherwise specifically mentioned we will follow New NCERTs
- b. Economy: 10th Edition of Ramesh Singh will be referred.
- c. Modern India: Refer to either Latest edition of Spectrum Publication or Struggle for India's Independence – Bipin Chandra.
- d. Current Affairs: We will be covering previous 10 days of Current Affairs from multiple sources. However, depending on the importance and need, we may cover current affairs of previous months' too.
- e. Map Based Questions: We suggest students to complete an exercise of Map work of all important political and physical geography. Emphasis should be on political and physical maps of places in news.
- f. **Other parts of the syllabus:** (National Parks/Biosphere Reserves etc. + Regional and International bodies + Tribes of India):

3. SUBSCRIPTION DETAILS

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