



INSIGHTSIAS
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YEARLONG MAINS TEST SERIES

For UPPSC 2023

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1. YLM 2023 Timetable

YEARLONG MAINS TEST SERIES 2023			
Date	Subject	Syllabus	Sources
General Studies: Mains Test 1			
10th NOVEMBER Thursday	TEST 1 ESSAY	AS PER UPPSC SYLLABUS	
General Studies: Mains Test 2			

<p style="text-align: center;">22nd November 2022</p> <p style="text-align: center;">Tuesday</p>	<p style="text-align: center;">Test 2</p> <p style="text-align: center;">GS-1: (ART AND CULTURE + WORLD AND INDIAN HISTORY + UP HISTORY + CULTURE</p>	<p>1. Indian culture will cover the salient aspects of Art Forms, literature and Architecture from ancient to modern times.</p> <p>2. Modern Indian history (from A.D.1757 to A.D. 1947): Significant events, personalities and issues, etc.</p> <p>3. The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country.</p> <p>4. History of the world– will include events from 18th century to middle of the 20th century such as French Revolution of 1789, Industrial Revolution, World Wars, redrawing of national boundaries, Socialism, Nazism, Fascism, etc. their forms and effects on the society</p> <p>5. post-independence consolidation and reorganization within the country (till 1965A.D).</p> <p>6. Specific Knowledge of Uttar Pradesh– History, Culture, Art, Architecture, Festival, Folk dance, Literature, Regional languages, Heritage, Social Customs and Tourism</p>	<p>1. NCERT Class XI Introduction to Art & Culture/CCERT Website/Class XII Themes in Indian History</p> <p>2. Class XII Politics in India since Independence/Bipin Chandra’s India Since Independence</p> <p>3. A brief History of Modern India (Spectrum) by Rajiv Ahir</p> <p>4. NCERT Class XI Themes in World History/ Norman Lowe – World History /NCERT Old Class IX & X History</p> <p>5. Specific UP special Compilations</p>
General Studies: Mains Test 3			
<p style="text-align: center;">12th December 2022</p> <p style="text-align: center;">Monday</p>	<p style="text-align: center;">Test 3</p> <p style="text-align: center;">GS 1 (WORLD AND INDIAN GEOGRAPHY+ UP GEOGRAPHY+ SOCIETY)</p>	<p>1. Salient features of Indian Society, Diversity of India.</p> <p>2. Role of women and women’s organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies.</p> <p>3. Meaning of liberalization, privatization and globalization and</p>	<p>1. NCERT Class XI, XII Geography Mahesh Barnwal / Majid Hussain NCERT Class XII Indian Society.</p> <p>2. CCRT website</p> <p>3. Down to Earth/ NASA/ National Geographic & link them to the related static topics in the</p>

		<p>their effects on economy, polity and social structure</p> <p>4. Social empowerment, communalism, regionalism & secularism.</p> <p>5. Salient features of world's physical geography.</p> <p>6. Distribution of key natural resources across the world (including South Asia and the Indian sub-continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).</p> <p>7. Salient features of Physical Geography- Earthquake, Tsunami, Volcanic activity, Cyclone, Ocean Currents, winds and Glaciers. Oceanic resources of India and their potential</p> <p>8. Human migration– refugee problem of the World with focus on India</p> <p>9. Specific knowledge of Uttar Pradesh Geography- Human and Natural Resources, Climate, Soils, Forest, Wild-Life, Mines and Minerals, Sources of Irrigation</p> <p>10. Population and Settlements– Types and Patterns, Urbanization, Smart Cities and Smart Villages</p>	<p>recommended sources.</p> <p>4. INSIGHTS Current affairs & Mind Maps related to the subjects.</p> <p>5. Ministry of women, Tribal Ministry (for latest issues)</p>
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General Studies: Mains Test 4

<p>28th December 2022 Wednesday</p>	<p>Test 4</p> <p>GS 2</p> <p>(INDIAN POLITY AND CONSTITUTION)</p>	<p>1. Indian Constitution– Historical underpinnings, evolution, features, amendments, significant provisions and basic structure, Role of Supreme Court in evolution of basic provisions of Constitution.</p> <p>2. Functions and responsibilities of the Union and States–Issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges there in. Role of Finance</p>	<p>1. Indian Polity Laxmikanth 2. DD Basu – Introduction to Indian Constitution Related Chapters</p> <p>3. NCERT Class XII Indian</p>
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		<p>Commission in Centre-State financial relations.</p> <p>3.Separation of powers, dispute redressal mechanisms and institutions, Emergence and use of alternative dispute redressal mechanisms. Comparison of the Indian Constitutional scheme with that of other major democratic countries. Salient features of the Representation of People's Act</p> <p>4.Parliament and State Legislatures– Structure, functioning, conduct of business, powers and privileges and concerned issues. Structure, organization and functioning of the Executive and the Judiciary– Ministries and Departments of the Government, Pressure Groups, and formal/informal associations and their role in the Polity, Public Interest Litigation (PIL).</p> <p>5.Appointment to various Constitutional posts, powers, functions and their responsibilities. Statutory, regulatory and various quasi-judicial bodies including NITI Aayog, their features and functioning</p> <p>6.Government policies and interventions for development in various sectors and issues arising out of their design, implementations and Information Communications Technology (ICT).</p>	<p>Constitution at Work</p> <p>4. Insights Secure/PRS India/PIB</p>
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General Studies: Mains Test 5

<p>3rd January 2023 Tuesday</p>	<p>Test 5 GS 2 (GOVERNANCE+ SOCIAL JUSTICE+ IR +UP SCHEMES & POLICIES)</p>	<p>1.Important aspects of governance– Transparency and accountability, e-governance applications, models, successes, limitations and potential, citizens charters and institutional measures. Role of Civil Services in democracy in the context of emerging trends</p> <p>2.Development processes– The role of Non Governmental Organizations (NGOs), Self Help Groups (SHGs), various groups and associations, donors, charities, institutional and other stakeholders.</p> <p>3.Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes, mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.</p> <p>4.Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Issues relating to poverty and hunger, their implication on Body politics.</p> <p>5.India and its relationship with neighboring Countries; .Effect of policies and politics of developed and developing Countries on India’s interests- Indian diaspora</p> <p>6.Bilateral, Regional and Global groupings and agreements involving India and / or affecting India’s interest, Important International Institutions, Agencies their structure, Mandate and functioning.</p> <p>7. Specific knowledge of Uttar Pradesh regarding Political, Administrative, Revenue and judicial System</p> <p>8..Current affairs and events of Regional, State, National and International importance.</p>	<p>1. EPW (Selectively)</p> <p>2. Insights Secure</p> <p>3. PIB/India Year Book – 2019</p> <p>4. Yojana/Kurukshetra/Down to Earth</p> <p>5. Laxmikanth – Governance in India</p> <p>6. Second ARC</p> <p>7. MEA Website/IDSA</p> <p>8. Project Syndicate</p>
<p>GENERAL STUDIES: Mains Test 6</p>			

<p>13th January 2023</p> <p>Friday</p>	<p>Test 6 GS 3 (ECONOMY+ AGRICULTURE + SCIENCE AND TECHNOLOGY)</p>	<ol style="list-style-type: none"> 1. Economic planning in India, objectives and achievements, Role of NITI Aayog, Pursuit of Sustainable Development Goals (SDGs) 2. Issues of Poverty, Unemployment, Social Justice and Inclusive growth 3. Components of Government Budgets and Financial System 4. Major Crops, Different types of irrigation and irrigation systems, storage, transport and marketing of agricultural produce, e-technology in the aid of farmers 5. Issues related to direct and indirect farm subsidies and minimum support prices, Public Distribution System objectives, functioning, Limitations, revamping, Issues of buffer stocks and food security, Technology missions in Agriculture. 6. Food processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management. 7. Land reforms in India since independence 8. Effects of liberalization and globalization on the economy, changes in industrial policy and their effects on industrial growth 9. Infrastructure– Energy, Ports, Roads, Airports, Railways, etc. 10. Science and Technology– Developments and applications in everyday life and in National Security, India's Science and Technology policy 11. Achievements of Indians in science & technology, indigenization of technology. Developments of New technologies, transfer of technology, dual and critical use of technologies. 	<ol style="list-style-type: none"> 1. Indian Economy – Ramesh Singh / S.N. Lal 2. Shankar Ganesh (For Foundation Basics) 3. Insights Budget and Economic Survey 4. NITI Aayog reports 5. Recent budgets / Concepts from LakshmiKanth 6. Down to Earth/Related Schemes/Reports from Agri and Water Resources Ministries 7. EPW 8. UP Budget
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		<p>12. Technology– Awareness in the fields of Information and Communication Technology (ICT) and Space Technology, Computers, Energy resources, nanotechnology, microbiology, biotechnology. Issues relating to intellectual property rights (IPR), and digital rights</p> <p>13. Current Affairs from June 2022 till test date.</p>	
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General Studies: Mains Test 7

<p>25th January 2023 Wednesday</p>	<p>Test 7 GS 3 (ENVIRONMENT + ECOLOGY+ S&T + DISASTER MANAGEMENT + INTERNAL SECURITY)</p>	<p>1. Environmental security and Ecosystems, Conservation of Wild life, Biodiversity, Environmental pollution and degradation, environmental impact assessment</p> <p>2. Disaster as a Non-traditional security and safety challenge, disaster mitigation and management</p> <p>3. Challenges of International Security– Issues of Nuclear proliferation, Causes and spread of extremism, Communication networks, role of media and social networking,</p> <p>4. Basics of cyber security, money laundering and human trafficking</p> <p>5. India's internal security challenges– Terrorism, corruption, insurgency and organized crimes</p> <p>6. Role, kind and mandate of security forces, Higher defence organizations in India</p> <p>7. Specific knowledge of Uttar Pradesh Economy–State Budgets, Importance of Agriculture, Industry, Infrastructure and physical resources, Human Resources and Skill Development, Government Programmes and Welfare Schemes.</p> <p>8. Issues in Agriculture, Horticulture, Forestry and Animal Husbandry</p> <p>9. Law and Order and Civil Defence with special reference to Uttar Pradesh</p>	<p>1. Down to Earth</p> <p>2. India Year Book – 2019</p> <p>3. The Hindu S&T Section</p> <p>4. ISRO/Science Reporter</p> <p>5. India Environmental portal/Insights Secure</p> <p>6. IDSA/NDMA Website</p>
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General Studies: Mains Test 8

<p>5th February 2023 Sunday</p>	<p>Test 8 GS 4</p>	<p>1.Ethics and Human Interface– Essence, determinants and consequences of Ethics in human action, dimensions of ethics, Ethics in private and public relationship</p> <p>2. Contributions of moral thinkers and philosophers from India and world</p> <p>3. Human values Lessons from the lives and teachings of great leaders, reformers and administrators, role of family, society and educational institutions in inculcating values</p> <p>4.Aptitude and Foundational Values for Civil Service, integrity, impartiality and non-partisanship, objectivity, dedication to public services, empathy, tolerance and compassion towards the weaker-sections</p> <p>5.Case studies on above issues</p>	<p>- LEXICON/D K BALAJI ETHICS, INTEGRITY AND APTITUDE BY G. SUBBA RAO Or any source you have been following</p>
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General Studies: Mains Test 9

<p>15th February 2023 Wednesday</p>	<p>Test 9 GS 4</p>	<p>1.Emotional Intelligence– concept and dimensions, its utility and application in administration and governance</p> <p>2. Attitude– Content, structure, function, its influence and relation with thought and behavior, moral and political attitudes, social influence and persuasion</p> <p>3.Public/Civil Service values and ethics in Public Administration– status and problems, ethical concerns and dilemmas in government and private institutions, laws, rules, regulations and conscience as sources of ethical guidance, accountability and ethical governance, strengthening of moral values in governance, ethical issues in international relations and funding, corporate governance</p> <p>5.Probity in Governance– concept of public service, philosophical basis of governance and probity, information sharing and transparency in government, Right to Information, codes of ethics, codes of conduct,</p>	<p>- LEXICON/D K BALAJI ETHICS, INTEGRITY AND APTITUDE BY G. SUBBA RAO Or any source you have been following</p>
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		citizen's charter, work culture, quality of service delivery, utilization of public funds, challenges of corruption 6. Case studies on above issues	
Essay Test 2: Mains Test 10			
25th February 2023 Saturday	Test 10 ESSAY-2	Essay Topics as per UPPSC SYLLABUS	
Hindi compulsory: Mains Test 11			
25th February 2023 Saturday	Hindi compulsory	1) दिये हुए गद्य-खण्ड का अर्थबोध एवं प्रश्नोत्तर। (2) संक्षेपण (3) सरकारी एवं अर्धसरकारी पत्र लेखन, तार लेखन, कार्यालय आदेश, अधिसूचना, परिपत्र (4) शब्द ज्ञान एवं प्रयोग (5) लोकोक्तियाँ एवं मुहावरे	

NOTE: Remaining 7 mains tests will be conducted after prelims during mains and the timetable for those tests will be given during that period.

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4.Note on Sources Mentioned:

- In all cases except otherwise specifically mentioned we will follow New NCERTs
- Economy: 10th Edition of Ramesh Singh will be referred.
- Modern India: Refer to either Latest edition of Spectrum Publication or Struggle for India's Independence – Bipin Chandra.
- Current Affairs: We will be covering Current Affairs from multiple sources for both prelims and mains. However, depending on the importance and need, we may cover current affairs of previous months' too apart from the dates mentioned.
- Map Based Questions: We suggest students to complete an exercise of Map work of all important political and physical geography. Emphasis should be on political and physical maps of places in news.
- f. Other parts of the syllabus:** (National Parks/Biosphere Reserves etc. + Regional and International bodies + Tribes of India):

5. SUBSCRIPTION DETAILS

MAINS: 18 TESTS

FEE: 11000 /- incl. taxes

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- Course is valid till Mains 2023 (Prelims Tests can be taken till Prelims 2023)