



INSIGHTSIAS
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For UPPSC 2023

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INTEGRATED PRELIMS AND MAINS TEST SERIES 2023

Date	Subject	Syllabus	Sources
General Studies: Prelims Test 1			
13th November 2022 Thursday	General Studies: Ancient & Medieval India	Ancient History <ul style="list-style-type: none">• Prehistoric period• Indus Valley Civilization• Vedic Age- Rig vedic age and Later vedic age<ul style="list-style-type: none">• The Age of 16 Mahajanapadas and religious reforms- Buddhism and Jainism.• Mauryan Age- art, architecture and administration.• Post Mauryan Age-Indo Greek Invasion, Satavahanas, three schools of sculpture.• Guptas Age- golden age of art and culture, political history.• Regional Kingdoms	Old NCERT <ul style="list-style-type: none">• Ancient India – R S Sharma• Medieval India – Satish Chandra New NCERT <ul style="list-style-type: none">• Our pasts – I• Our pasts – II• Themes – I• Themes – II Current Affairs: (1/7/2022- 5/11/2022) from the below sources. Sources: <ul style="list-style-type: none">• INSIGHTSIAS

		<p>Doctrine of lapse, Dual system, Charter Acts.</p> <ul style="list-style-type: none"> • The revolt of 1857- causes and spread, Early modern organization, Indian national Congress, Phase of Moderates- leaders, drain of wealth, Extremists- leaders, Surat split, Home Rule League, Bal Gangadhar Tilak, Annie Besant, Theosophical society, Socio-religious reforms, Lucknow Pact of 1916. • Arrival of Mahatma Gandhi, Champaran movement, Ahmedabad mill strike, Kheda satyagraha, Rowlett Act and Non-cooperation movement, Karachi session of Congress(1931), Role of revolutionaries, Civil Disobedience movement, Salt Satyagraha, Round Table Conferences. • Second world war and resignation of Congress ministries, August Offer, Individual Disobedience, Cripps Mission, Quit India Mission, demand for Pakistan, Indian national Army and Netaji Subhash Chandra Bose, Mountbatten Plan, Indian independence Act 1947. • Indian Art and Culture • Current Affairs • UP special 	<p><u>Modern Indian History</u></p> <ul style="list-style-type: none"> • NCERTs • India's struggle for independence – Bipin Chandra <p><u>Current Affairs:</u> (1/7/2022-15/11/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIA S Current Affairs Quiz. • INSIGHTSIA S Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 3

<p>30th November 2022</p> <p>Wednesday</p>	<p>Geography of India</p>	<ul style="list-style-type: none"> • GEOGRAPHY OF INDIA- Physical, social and economic geography of India. • Location, peninsular Block, Indus-Ganga-Brahmaputra plains, Himalayan mountain. Drainage system- Himalayan and peninsular drainage, Indus river system, Ganga river system, Brahmaputra river system. Rivers of peninsular India- Krishna, Godavari, Kaveri, and other small east and west flowing rivers. • Climatic features- factors influencing the climate of India, Mechanism of monsoon- theories, arrival, break, retreat, seasons, rainfall-variations, soil-texture, types, degradation, vegetation, EL NINO and LA NINO. 	<ul style="list-style-type: none"> • India Physical Environment (NCERT Class XI) • India - People and Economy (NCERT Class XII) • Mapping – India <p><u>Current Affairs:</u> (1/7/2022-25/11/2022)</p>
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		<ul style="list-style-type: none"> • Demography, Population distribution and change, Migration- push and pull factors, Urbanization-trends and features, tribes of India. • Minerals-metallic and non-metallic, energy resources, with special focus on Iron, Coal, limestone, Oil and natural gas, nuclear energy. • Industries-Iron and steel, cement, Cotton, Silk, etc. with special focus on locational aspects. • Mapping based questions (Rivers, Mountains, Mines and Industrial hubs, Ports, Lakes, National Parks Etc.) • Current Affairs • UP Special 	<p>from the below sources.</p> <ul style="list-style-type: none"> • INSIGHT SIAS Current Affairs Quiz. • INSIGHT SIAS Current Affairs. • INSIGHT S REVISION THROU GH MCQs
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General Studies: Prelims Test 4

<p>10th December 2022</p> <p align="center">Saturday</p>	<p align="center">General Studies:</p> <p align="center">Geography of World</p>	<ul style="list-style-type: none"> • WORLD GEOGRAPHY – Physical, social and economic geography of world. • Earth-origin, latitudes, longitudes, International Date Line, Sun, Planets, asteroids. Earth’s interior, layers of earth-crust, mantle, core. Earthquake- origin, seismic waves, distribution. Volcanoes- types, origin and distribution. Rocks- igneous, sedimentary, metamorphic. Weathering and erosion. • Coral reefs-significance and coral bleaching, ocean salinity-variations, factors affecting the salinity, ocean currents- origin, types and movement, waves and tides. • Solar radiation and insolation, Heat budget of the planet earth, factors affecting the distribution of temperature, atmospheric pressure, general circulation of atmosphere, planetary and local winds, Air mass, front, cyclones, anti-cyclones, jet streams-types and flow. Humidity, condensation and precipitation. 	<ul style="list-style-type: none"> • Fundamentals of Physical Geography (NCERT Class XI) • Fundamentals of Human Geography (NCERT Class XII) • Goh Cheng Leong - Certificate Physical and Human Geography • Mapping - World <p><u>Current Affairs:</u></p> <p>(1/7/2022- 5/12/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION
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		<ul style="list-style-type: none"> • Climatic regions of the globe and mapping related questions. • Mapping based questions on world geography (Mountains, Rivers, Lakes, Cities, Mines and Industry, Etc.) • Current Affairs • UP Special 	THROUGH MCQs
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General Studies: Prelims Test 5

20th December 2022 Tuesday	Polity+ International organizations	<ul style="list-style-type: none"> • INDIAN POLITY AND GOVERNANCE- Constitution, political system, Panchayati raj, public policy, rights issue. • Historical background of the Indian Constitution, Constituent Assembly, Preamble, Citizenship, Fundamental Rights, Fundamental Duties, DPSPs, • President, Vice President, Union Cabinet, Governor of state, Parliamentary democracy- role of Speaker, Lok Sabha and Rajya Sabha, Judiciary- Supreme Court and High Courts • Panchayati Raj with special focus on 73rd constitutional amendment Act and the 74th Constitutional Amendment Act, District planning Committee. • Center-state relationship legislative, executive and financial, role of GST Council and Finance Commission, Inter-state council, Zonal Councils. • Constitutional bodies like Election Commission of India, Schedules of the Constitution. • Non-Constitutional Bodies NITI Aayog, NHRC, SHRC, CIC, SIC, CVC, CBI, Lokpal, Lokayukta, NCPCR etc. • International Organisations – BRICS, SAARC, ASEAN, SCO, UN, WORLD BANK, IMF, WTO, Etc 	<ul style="list-style-type: none"> • Indian Constitution at Work (NCERT Class XI) • LAXMIKANTH – Indian Polity Current Affairs: (1/7/2022-15/12/2022) from the below sources. • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 6

10th January 2022 Tuesday	General Studies:	ECONOMY AND SUSTAINABLE DEVELOPMENT- Sustainable	
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	<p>Economy, Ecology and Sustainable Development</p>	<p>development, Poverty, Inclusion, Social Sector Initiatives, Environmental Ecology, Biodiversity and Climate change.</p> <p>Estimates of Poverty, indices and issues. Inclusive growth and the challenges of sustainable development- India's Renewable energy targets, afforestation, and pollution control. Biodiversity- distribution, threats and conservation.</p> <p>National Income,GDP,Budgeting, Inflation-types, Capital Market, Money Market, role of RBI, nationalization of banks, The New Economic Policy(1991), PSEs,</p> <p>Disinvestment, Maharatna, Navratna, Miniratnas,Monetary Policy, BoP, India's Foreign Trade Policy, Economic Survey, Committees and Commissions.</p> <p>Governemnt Schemes of Union and states.</p> <p>Current affairs and UP Special</p>	<ul style="list-style-type: none"> • Indian Economy by Ramesh Singh • Environment - Shankar IAS <p><u>Current Affairs:</u></p> <p>(1/7/2022- 5/1/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 7

<p>20th January 2022</p> <p>Friday</p>	<p>General Studies:</p> <p>General Science</p>	<ul style="list-style-type: none"> • GENERAL SCIENCE- Questions on this will cover general understanding and appreciation of Science including matters of everyday observation and experience, as expected from a well educated person, who has not made a special study of any scientific discipline. • Physics, Chemistry, Biology • Fundamental understanding of topics from Biotechnology, Nanotechnology, Artificial Intelligence, Space and Defence. 	<ul style="list-style-type: none"> • NCERTs-Old and new. <p><u>Current Affairs:</u></p> <p>(1/7/2022- 15/1/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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			<ul style="list-style-type: none"> • INSIGHTS REVISION THROUGH MCQs
			1. Website

CSAT Test - 1

30th January 2023 Monday	<p style="text-align: center;">CSAT: Sectional Test 1</p> <ol style="list-style-type: none"> 1. Elementary Mathematics up to Class X level- Arithmetic, Algebra. 2. General Mental Ability 3. Logical reasoning and analytical ability 4. Statistics 	<ol style="list-style-type: none"> 1. Arithmetic- Number System- Natural Numbers, Integers, Rational and Irrational Numbers, Real Numbers, Divisors of an Integer, Prime Integers, HCF and LCF Ratio and Proportion Percentage Average Profit and Loss Work and Time Simple and Compound Interests Speed, Time and Distance 2. Algebra- Polynomials, Remainder theorem, Simultaneous Linear Equations, Quadratic Equations, Set Theory. 3. General mental Ability 4. Logical reasoning and analytical ability. 5. Statistics <ul style="list-style-type: none"> • Collection of data, classification of data • frequency, frequency distribution, tabular frequency, cumulative frequency. • Representation of data- Bar diagram, Pie Chart, Histogram, Frequency polygon, cumulative frequency curves. 	
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		<ul style="list-style-type: none"> Measurement of central tendency-Arithmetic mean, median and mode. 	
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General Studies: Prelims Test 8

10th February 2022 Friday	UP Special+ Miscellaneous	<p>UP Special: Geography, History, Polity and Economy of the State. With a special focus on</p> <ol style="list-style-type: none"> Important institutions and their locations. Distribution and potential of Mineral and Energy Resources of the state. Rivers, lakes and Forests of Uttar Pradesh. Budget of state and economic survey. Current affairs related to state. Miscellaneous topics. Current Affairs 	<p>Current Affairs: (1/7/2022-05/2/2023) from the below sources.</p> <ul style="list-style-type: none"> INSIGHTSIAS Current Affairs Quiz. INSIGHTSIAS Current Affairs. INSIGHTS REVISION THROUGH MCQs
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CSAT Test 2

20th February 2023 Monday	<p>CSAT:Sectional Test 2</p> <ol style="list-style-type: none"> Comprehension, Interpersonal Skills including communication skills. General English up to Class X level General Hindi up to Class X level 	<p>General English up to Class X level:</p> <ol style="list-style-type: none"> Comprehension Active and Passive Voice Parts of speech Transformation of sentences Direct and indirect speech Punctuation and spellings Word meaning Vocabulary and usage Idioms and Phrases Fill in the Blanks. <p>General Hindi up to Class X level:</p> <ol style="list-style-type: none"> हहदिी वर्णमाला एविहवराम हिन्ह शब्द रिना, वाक्य रिना, अर्ण 3. शब्द-रूप सिंहि समास हियाए अनेकार्ी शब्द हवलोम शब्द पयाणयवािी शब्द महावरेएविलोकोहियाँ तत्सम 	
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	5. Decision making and problem solving. 6. Geometry	एवंतभव, देशज, हवदेशी शब्द भिंडार 11. वतणनी 12. अर्णबोि 13. हहदिंी भाषा केप्रयोग मेंहोनेवाली अशुहियाँ 14. उ.प्र. की मखुय बोहलयाँ Comprehension Interpersonal Skills including Communication skills. Decision making and problem solving. Geometry- 1. Area, Perimeter and theorems related to triangle, rectangle, square, trapezium, circles. 2. Volume and Surface area related to right circular cylinder, right circular cone and cube.	
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GENERAL STUDIES PRELIMS TEST 9

1st March 2022 Wednesday	Revision Test 1: History+ Geography	Revision Test of Test 1, Test 2, Test 3, Test 4	Current Affairs: (1/7/2022-25/2/2023) from the below sources. • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
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General Studies: Prelims Test 10

	Revision Test2: Polity+ International	Revision Test of Test5, Test6, Test7	Current Affairs: (1/7/2022-10/3/2023) from the below sources.
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13th March 2023 Monday	Organizations+ Economy+ Social Development+ General Science		<ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
CSAT Test -3			
20th March 2023 Monday	CSAT- Full Syllabus	Full Syllabus	
General Studies: Prelims Test 11			
27th March 2023 Monday	Revision Test 3: Current Affairs+ UP Special+ Miscellaneous	Revision test of test 8 and current affairs	<p>Current affairs till 25th march</p> <ul style="list-style-type: none"> • INSIGHTS REVISION THROUGH MCQs
General Studies: Prelims Test 12			
4 th April 2023 Tuesday	GS Test 1	Full Syllabus	
General Studies: Prelims Test 13			
15th April 2023 Wednesday	GS Test 2	Full Syllabus	<p><u>Current Affairs:</u> (1/7/2023-10/4/2023) from the below sources.</p> <p>INSIGHTSIAS Current Affairs Quiz.</p>
General Studies: Prelims Test 14			

<p>25th April 2023 Tuesday</p>	<p><u>GS Test 3</u></p>	<p>Full Syllabus</p>	<p><u>Current Affairs:</u> (1/7/2022-20/04/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
<p>CSAT Test -4</p>			
<p>30th April 2023 Sunday</p>	<p>CSAT- Full Syllabus</p>	<p>FULL SYLLABUS</p>	
<p>General Studies: Prelims Test 15</p>			
<p>6th May 2023 Saturday</p>	<p>GS Test 4</p>	<p>FULL SYLLABUS</p>	<p><u>Current Affairs:</u> (01/7/2022-1/5/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
<p>General Studies: Prelims Test 16</p>			

13 th May 2023 Saturday	GS Test 5	FULL SYLLABUS	Current affairs till 10/05/2023
General Studies: Prelims Test 17			
20 th May 2023 Saturday	GS Test 6	FULL SYLLABUS	Current Affairs: (1/7/2022-15/5/2023) from the below sources. • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
CSAT Test-5			
20 th May 2023 Saturday	CSAT- Full Syllabus	FULL SYLLABUS	

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4. Note on Sources Mentioned:

- a. In all cases except otherwise specifically mentioned we will follow New NCERTs
- b. Economy: 10th Edition of Ramesh Singh will be referred.
- c. Modern India: Refer to either Latest edition of Spectrum Publication or Struggle for India's Independence – Bipin Chandra.
- d. Current Affairs: We will be covering previous 10 days of Current Affairs from multiple sources. However, depending on the importance and need, we may cover current affairs of previous months' too.
- e. Map Based Questions: We suggest students to complete an exercise of Map work of all important political and physical geography. Emphasis should be on political and physical maps of places in news.
- f. **Other parts of the syllabus:** (National Parks/Biosphere Reserves etc. + Regional and International bodies + Tribes of India):

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