



INSIGHTSIAS

SIMPLIFYING IAS EXAM PREPARATION

YEAR-LONG MAINS (YLM) TEST SERIES 2023 (4.0)

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1. YLM 4.0 2023 Timetable

YEAR-LONG MAINS TEST SERIES 2023			
Date	Subject	Syllabus	Sources
Essential Tests			
General Studies: Mains Test 1 (Essential Test)			
11th October 2022 Tuesday	GS-1: Art & Culture + Indian Society	Indian culture: will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times. Indian Society <ul style="list-style-type: none">• Salient features of Indian Society, Diversity of India.• Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies.• Effects of globalization on Indian society• Social empowerment, communalism, regionalism & secularism.• Current Affairs	Art & Culture <ul style="list-style-type: none">• An Introduction to Indian Art - Class XI NCERT• Living Craft Traditions of India - Chapters 9 and 10 -- Class XI NCERT• Indian Culture -- Nitin Singhania• CCRT website Indian Society

			<ul style="list-style-type: none"> • NCERT • IGNOU Material – Development • IGNOU Material – Sociology • Social Problems in India – Ram Ahuja. • Indian Social System – Ram Ahuja <p><u>Current Affairs:</u></p> <p>(1/6/2022-10/10/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. • INSIGHTS REVISION THROUGH MCQs
General Studies: Mains Test 2 (Essential Test)			
<p>19th October 2022</p> <p>Wednesday</p>	<p>GS-1:</p> <p>Modern India</p>	<ul style="list-style-type: none"> • <u>Modern Indian history</u> from about the middle of the eighteenth century until the present- significant events, personalities, issues <p>The Freedom Struggle - its various stages and important contributors /contributions from different parts of the country.</p> <ul style="list-style-type: none"> • Current Affairs 	<p><u>Modern Indian History</u></p> <ul style="list-style-type: none"> • NCERTs • India’s struggle for independence – Bipin Chandra <p><u>Current Affairs:</u></p> <p>(1/6/2022-18/10/2022) from the below sources.</p>

			<ul style="list-style-type: none"> • INSIGHTSI AS Current Affairs Quiz. • INSIGHTSI AS Current Affairs.
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General Studies: Mains Test 3 (Essential Test)

<p align="center">27th October 2022</p> <p align="center">Thursday</p>	<p align="center">GS-1:</p> <p align="center">Post-Independence + World History</p>	<p align="center"><u>Post Independent India</u></p> <p>Post-independence consolidation and reorganization within the country.</p> <p align="center"><u>World History</u></p> <p>History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.- their forms and effect on the society.</p> <p align="center"><u>Current Affairs</u></p>	<p align="center"><u>Post Independent India</u></p> <ul style="list-style-type: none"> • NCERT • India since independence – Bipin Chandra • (or India after Gandhi – Ramachandra Guha) <p align="center"><u>World History</u></p> <ul style="list-style-type: none"> • NCERTs • Mastering Modern World History – Norman Lowe. <p align="center"><u>Current Affairs:</u></p> <p align="center">(1/6/2022-26/10/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIA S Current Affairs Quiz.
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			<ul style="list-style-type: none"> • INSIGHTSIA S Current Affairs.
General Studies: Mains Test 4 (Essential Test)			
<p>4th November 2022</p> <p>Friday</p>	<p>GS-1:</p> <p>World Geography</p>	<ul style="list-style-type: none"> • Salient features of world's physical geography. • Distribution of key natural resources across the world (including South Asia and the Indian sub-continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) • Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes. • Current Affairs 	<ul style="list-style-type: none"> • NCERTs • Certificate Physical and Human Geography -- Goh Cheng Leong <p>Current Affairs:</p> <ul style="list-style-type: none"> • (1/6/2022-3/11/2022) from the below sources. • INSIGHTSI AS Current Affairs Quiz. • INSIGHTSI AS Current Affairs.
General Studies: Mains Test 5 (Essential Test)			

<p>12th November 2022</p> <p>Saturday</p>	<p>GS-1:</p> <p>Indian Geography</p>	<ul style="list-style-type: none"> • Salient features of India's physical geography. • Distribution of key natural resources across the world (including South Asia and the Indian sub-continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of India. • Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes • Current Affairs 	<ul style="list-style-type: none"> • NCERTs • Geography of India- Majid Hussain <p><u>Current Affairs:</u></p> <p>(1/6/2022-11/11/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSI AS Current Affairs Quiz. • INSIGHTSI AS Current Affairs.
<p>Essay Test 1: Mains Test 6 (Essential Test)</p>			
<p>15th November 2022</p> <p>Tuesday</p>	<p>Essay-1</p>	<p>Section-A</p> <ul style="list-style-type: none"> • <i>Ethics and Philosophy</i> <p>Section-B</p> <ul style="list-style-type: none"> • <i>Indian Art & Culture</i> • <i>Indian History</i> • <i>Topics from World History</i> • <u><i>Social Issues</i></u> <ul style="list-style-type: none"> ○ Indian Society ○ Feminism ○ Gender Justice ○ Unity & Diversity 	
<p>General Studies: Mains Test 7 (Essential Test)</p>			
<p>20th November 2022</p> <p>Sunday</p>	<p>GS-2:</p> <p>Polity & Constitution</p>	<ul style="list-style-type: none"> • Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure. 	<ul style="list-style-type: none"> • NCERT • Indian Polity by Laxmikant – 5th edition • Public Institutions in

		<ul style="list-style-type: none"> • Comparison of the Indian constitutional scheme with that of other countries • Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein. • Separation of powers between various organs dispute redressal mechanisms and institutions. • Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these. • Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity. • Current Affairs 	<p>India- Performance and Design – Pratapa Bhanu Mehta</p> <ul style="list-style-type: none"> • Subhash Kashyap - Our Constitution, Our Parliament • Introduction to the Constitution of India - D D Basu • 2nd ARC <ul style="list-style-type: none"> ○ 6th Report – Local Governance ○ 13th Report - Organisation Structure of Government of India • PRS • PIB • Three Year Action Agenda, 2017-18 to 2019-20 – NITI Aayog <p><u>Current Affairs:</u></p> <p>(1/6/2022-19/11/2022)</p> <p>from the below sources.</p> <ul style="list-style-type: none"> • <u>INSIGHTSIAS Current Affairs Quiz.</u> • <u>INSIGHTSIAS Current Affairs.</u>
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General Studies: Mains Test 8 (Essential Test)

<p>28th November 2022</p> <p>Monday</p>	<p>GS-2: Governance & Social Justice</p>	<p><u>Governance</u></p> <ul style="list-style-type: none"> • Salient features of the Representation of People's Act. • Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. • Statutory, regulatory and various quasi-judicial bodies • Important aspects of governance, transparency and accountability, e-governance-applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures. • Role of civil services in a democracy. <p><u>Social Justice</u></p> <ul style="list-style-type: none"> • Government policies and interventions for development in various sectors and issues arising out of their design and implementation • Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and bodies constituted for the protection and betterment of these vulnerable sections • Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. • Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources, issues relating to poverty and hunger. • Current Affairs 	<ul style="list-style-type: none"> • NCERT • Indian Polity by Laxmikant – 5th edition • Governance in India – Laxmikant • Institutions in India Public Institutions in India: Performance and Design – Pratapa Bhanu Mehta • Subhash Kashyap - Our Constitution, Our • Parliament • Introduction to the Constitution of India - D D Basu • 2nd ARC (6th Report – Local Governance 13th Report - Organisation Structure of Government of India) • Yojana • Kurukshetra • PRS • PIB • Three Year Action Agenda, 2017-18 to 2019-20 – NITI Aayog <p><u>Current Affairs:</u></p> <p>(1/6/2022-27/11/2022) from the below sources.</p>
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General Studies: Mains Test 9 (Essential Test)

<p align="center">6th December 2022 Tuesday</p>	<p align="center">GS-2: International Relations + Government Schemes</p>	<p>India and its neighbourhood-relations.</p> <p>Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests</p> <p>Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.</p> <p>Important International institutions, agencies and fora, their structure, mandate.</p> <p align="center">Current Affairs</p>	<ul style="list-style-type: none"> • Class 12 Political Science- Contemporary World Politics • India's Foreign Policy – Mukund Dubey • Challenge And Strategy: Rethinking India's Foreign Policy – Rajiv Sikri • Ministry of External Affairs website <p><u>Current Affairs:</u> (1/6/2022-5/12/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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Essay Test 2: Mains Test 10 (Essential Test)

<p>9th December 2022</p> <p>Friday</p>	<p>ESSAY-2</p>	<p>Section-A:</p> <ul style="list-style-type: none"> • <i>Ethics & Philosophy</i> <p>Section-B</p> <ul style="list-style-type: none"> • <u>Polity & Governance</u> <ul style="list-style-type: none"> ○ Federalism ○ Institutions of India ○ Local self- government ○ Criminal Justice System ○ Judiciary ○ Democracy ○ Rights ○ Freedom of Speech ○ Administrative Reforms • <u>Social Justice</u> <ul style="list-style-type: none"> ○ Social Justice – Economic -justice – political Justice ○ Health ○ Education ○ Poverty & Hunger ○ Vulnerable Sections like women, old person and children. • <u>IR</u> <ul style="list-style-type: none"> ○ Foreign policy of India ○ South –South Cooperation ○ Regional Groupings
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General Studies: Mains Test 11 (Essential Test)

<p>14th December 2022</p> <p>Wednesday</p>	<p>GS-3:</p> <p>Economics</p>	<ul style="list-style-type: none"> • Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment. • Inclusive growth and issues arising from it. • Government Budgeting. • Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth. • Current Affairs 	<ul style="list-style-type: none"> • NCERTs • Indian Economy by Ramesh Sing/Sanjiv verma/ Kapila/ Dutt & Sundaram • Economic Survey • 2nd ARC (14th Report-Strengthening Financial Management Systems) • Yojana & Kurukshetra • Three Year Action Agenda, 2017-18 to 2019-20 – NITI Aayog
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			<p><u>Current Affairs:</u></p> <p>(1/6/2022-13/12/2022)</p> <p>from the below sources.</p> <ul style="list-style-type: none">• <u>INSIGHTSIAS Current Affairs Quiz.</u>• <u>INSIGHTSIAS Current Affairs.</u>
General Studies: Mains Test 12 (Essential Test)			

<p>22nd December 2022 Thursday</p>	<p>GS-3: Economy + Agriculture</p>	<p>Economy:</p> <ul style="list-style-type: none"> • Infrastructure: Energy, Ports, Roads, Airports, Railways etc • Investment models <p>Agriculture</p> <ul style="list-style-type: none"> • Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers • Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing. • Food processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management. • Land reforms in India. • Current Affairs 	<ul style="list-style-type: none"> • NCERTs • Indian Economy by Ramesh Sing/Sanjiv verma/ Kapila/ Dutt & Sundaram • Economic Survey • 2nd ARC <ul style="list-style-type: none"> ○ 14th Report - Strengthening Financial Management Systems • Yojana & Kurukshetra • Three Year Action Agenda, 2017-18 to 2019-20 – NITI Aayog <p>Current Affairs:</p> <p>(1/6/2022-21/12/2022) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
<p>General Studies: Mains Test 13 (Essential Test)</p>			
<p>30th December 2022 Friday</p>	<p>GS-3: Environment & Ecology</p>	<p>Environment & ecology</p> <p>Conservation, environmental pollution and degradation, environmental impact assessment.</p> <p>(Detailed Micro Syllabus of this test is given under Prelims Test-16)</p>	<p>Environment & ecology</p> <ul style="list-style-type: none"> • Our Environment - Class VII • Biology - Class XII - Chapters 14-

		<p>Current Affairs</p>	<p>16 (Under Units 10)</p> <ul style="list-style-type: none"> • ICSE Environmental Studies - Class IX – S. Chand Publication – 2018 Edition • ICSE Environmental Studies - Class X -- S. Chand Publication – 2008 Edition • Environment – Shankar IAS • Down to Earth Magazine <p><u>Current Affairs:</u></p> <p>(1/6/2022-29/12/2022)</p> <p>from the below sources.</p> <ul style="list-style-type: none"> • <u>INSIGHTSIAS Current Affairs Quiz.</u> • <u>INSIGHTSIAS Current Affairs.</u>
<p>General Studies: Mains Test 14 (Essential Test)</p>			

<p style="text-align: center;">7th January 2023 Saturday</p>	<p style="text-align: center;">GS-3: Environment & Ecology</p>	<p style="text-align: center;"><u>Environment & ecology</u></p> <p>Conservation, environmental pollution and degradation, environmental impact assessment</p> <p>(Detailed Micro Syllabus of this test is given under Prelims Test-17)</p> <p style="text-align: center;">Current Affairs</p>	<p style="text-align: center;"><u>Environment & ecology</u></p> <ul style="list-style-type: none"> • Our Environment - Class VII • Biology - Class XII - Chapters 14-16 (Under Units 10) • ICSE Environmental Studies - Class IX – S. Chand Publication – 2018 Edition • ICSE Environmental Studies - Class X -- S. Chand Publication – 2008 Edition • Environment – Shankar IAS • Down to Earth <p style="text-align: center;"><u>Current Affairs:</u></p> <p>(1/6/2022-6/1/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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General Studies: Mains Test 15 (Essential Test)

<p>15th January 2023 Sunday</p>	<p>GS - 3: Science & Technology + Disaster management + Internal security</p>	<p><u>Science and Technology</u></p> <ul style="list-style-type: none"> Developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. Indigenization of technology and developing new technology. Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights. <p><i>Disaster and disaster management.</i></p> <p><u>Internal security</u></p> <ul style="list-style-type: none"> Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security. Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention Security challenges and their management in border areas; linkages of organized crime with terrorism Various Security forces and agencies and their mandate Current Affairs 	<ul style="list-style-type: none"> NCERT Class VI to Class X Class XI – Chemistry: Unit 14 Class XI – Biology: Units 4 & 5 Class XII – Chemistry: Unit 16 Class XII – Biology: Units 8, 9 & 10 Current Affairs <ul style="list-style-type: none"> ➤ Science reporter ➤ News paper <p><u>Current Affairs:</u> (1/6/2022-14/1/2023) from the below sources.</p> <ul style="list-style-type: none"> INSIGHTSIAS Current Affairs Quiz. INSIGHTSIAS Current Affairs.
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ESSAY Test 3: Mains Test 16 (Essential Test)

<p>18th January 2023</p> <p>Wednesday</p>	<p>Essay-3</p>	<p>Section-A:</p> <ul style="list-style-type: none"> • Ethics & Philosophy <p>Section-B:</p> <ul style="list-style-type: none"> • <u>Economy</u> <ul style="list-style-type: none"> ➤ Indian Economy ➤ Industrial Policy ➤ Human Resource and Employment ➤ Liberalization ➤ Economic Planning ➤ Fiscal Policy ➤ External Sector ➤ Sectors of Economy ➤ Infrastructure ➤ Tourism ➤ MSME ➤ Economic Justice • <u>Agriculture</u> <ul style="list-style-type: none"> ➤ Food Processing ➤ Agriculture ➤ Subsidies ➤ PDS • <u>Alternative future</u> <ul style="list-style-type: none"> ➤ Climate change & global warming ➤ Renewable energy technologies ➤ Sustainable habitats ➤ Conservation & development • Disaster Management • <u>Internal security Issues</u> <ul style="list-style-type: none"> ➤ Internal Security ➤ Cyber security ➤ Maritime Security Ideologies (Terrorism, Naxalism, Extremism)
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General Studies: Mains Test 17 (Essential Test)

<p>19th January 2023</p> <p>Thursday</p>	<p>GS - 4</p> <p>Ethics, Integrity, and Aptitude</p>	<p><u>Ethics and Human Interface:</u> Essence, determinants and consequences of ethics in human actions; dimensions of ethics; ethics in private and public relationships.</p> <p><u>Human Values</u> - lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values.</p>	<ul style="list-style-type: none"> • Lexicon for Ethics, Integrity & Aptitude book. • 2nd ARC <ul style="list-style-type: none"> ○ 4th Report-ethics in Governance ○ 10th Report-Refurbishing of
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			<p>Personnel Administration.</p> <ul style="list-style-type: none"> Political Theory – Class 11 NCERT
General Studies: Mains Test 18 (Essential Test)			
<p>23rd January 2023</p> <p style="text-align: center;">Monday</p>	<p style="text-align: center;">GS - 4:</p> <p style="text-align: center;">Ethics, Integrity, and Aptitude</p>	<p>Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion.</p> <p>Aptitude and foundational values for Civil Service: integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.</p> <p>Contributions of moral thinkers and philosophers from India and world.</p> <p>Emotional intelligence-concepts, and their utilities and application in administration and governance</p>	<ul style="list-style-type: none"> Lexicon for Ethics, Integrity & Aptitude book. 2nd ARC <ul style="list-style-type: none"> 4th Report-ethics in Governance 10th Report-Refurbishing of Personnel Administration. Political Theory – Class 11 NCERT
General Studies: Mains Test 19 (Essential Test)			
<p>27th January 2023</p> <p style="text-align: center;">Friday</p>	<p style="text-align: center;">GS - 4:</p> <p style="text-align: center;">Ethics, Integrity, and Aptitude</p>	<p>Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical</p>	<ul style="list-style-type: none"> Lexicon for Ethics, Integrity & Aptitude book. 2nd ARC <ul style="list-style-type: none"> 4th Report-ethics in

		<p>and moral values in governance; ethical issues in international relations and funding; corporate governance.</p> <p>Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.</p>	<p>Governance</p> <ul style="list-style-type: none"> ○ 10th Report- Refurbishing of Personnel Administration. • Political Theory – Class 11 NCERT
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ESSAY Test 4: Mains Test 20 (Essential Test)

<p>29th January 2023</p> <p>Sunday</p>	<p>Essay-4</p>	<p>Ethics & Philosophy</p>
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Breakthrough Tests

General Studies: Mains Test 21 (Breakthrough Test)

<p>2nd February 2023</p> <p>Thursday</p>	<p>GS - 1:</p> <p>Art & Culture</p> <p>+</p> <p>Indian Society</p>	<p>Indian culture will cover the salient aspects of Art Forms, Literature and Architecture from ancient to modern times</p> <p>Indian Society</p> <ul style="list-style-type: none"> • Salient features of Indian Society, Diversity of India. • Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. • Effects of globalization on Indian society • Social empowerment, communalism, regionalism & secularism. • Current Affairs 	<p>Art & Culture</p> <ul style="list-style-type: none"> • An Introduction to Indian Art - Class XI NCERT • Living Craft Traditions of India - Chapters 9 and 10 -- Class XI NCERT • Indian Culture -- Nitin Singhanian • CCRT website
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			<p><u>Indian Society</u></p> <ul style="list-style-type: none"> • NCERT • IGNOU Material – Development • IGNOU Material – Sociology • Social Problems in India – Ram Ahuja. • Indian Social System – Ram Ahuja <p><u>Current Affairs:</u></p> <p>(1/6/2022-1/2/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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General Studies: Mains Test 22 (Breakthrough Test)

<p align="center">8th February 2023</p> <p align="center">Wednesday</p>	<p align="center">GS - 1:</p> <p align="center">Modern Indian History</p> <p align="center">+</p> <p align="center">Post Independent India</p> <p align="center">+</p> <p align="center">World History</p>	<p><u>Modern Indian history</u> from about the middle of the eighteenth century until the present- significant events, personalities, issues</p> <p>The Freedom Struggle - its various stages and important contributors /contributions from different parts of the country.</p> <p><u>Post Independent India</u></p> <p>Post-independence consolidation and reorganization within the country.</p> <p><u>World History</u></p> <p>History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries,</p>	<p><u>Modern Indian History</u></p> <ul style="list-style-type: none"> • NCERTs • India's struggle for independence – Bipin Chandra <p><u>Post Independent India</u></p> <ul style="list-style-type: none"> • NCERT • India since independence – Bipin Chandra • (or India after
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		<p>colonization, decolonization, political philosophies like communism, capitalism, socialism etc.- their forms and effect on the society.</p> <p>Current Affairs</p>	<p>Gandhi – Ramachandra Guha)</p> <p><u>World History</u></p> <ul style="list-style-type: none"> • NCERTs • Mastering Modern World History – Norman Lowe. <p><u>Current Affairs:</u></p> <p>(1/6/2022-7/2/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. <p>INSIGHTSIAS Current Affairs.</p>
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General Studies: Mains Test 23 (Breakthrough Test)

<p>14th February 2023</p> <p>Tuesday</p>	<p align="center"><u>GS - 1</u></p> <p align="center">Geography</p>	<ul style="list-style-type: none"> • Salient features of world's physical geography. • Distribution of key natural resources across the world (including South Asia and the Indian sub-continent); factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India) • Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc., geographical features and their location- changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes. • Current Affairs 	<ul style="list-style-type: none"> • NCERTs • Certificate Physical and Human Geography -- Goh Cheng Leong • Geography of India- Majid Hussain <p><u>Current Affairs:</u></p> <p>(1/6/2022-13/2/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz.
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			<ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs.
General Studies: Mains Test 24 (Breakthrough Test)			
<p>20th February 2023</p> <p style="text-align: center;">Monday</p>	<p>GS-1:</p> <p>Full Syllabus</p>	<p>GS-1: Full Syllabus & Current Affairs</p> <p style="text-align: center;"><u>Current Affairs:</u></p> <p>(1/6/2022- 19/2/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs. 	
Essay Test 5: Mains Test 25 (Breakthrough Test)			
<p>22nd February 2023</p> <p style="text-align: center;">Wednesday</p>	<p>Essay-5</p>	<p>Section-A</p> <ul style="list-style-type: none"> • <i>Ethics and Philosophy</i> <p>Section-B</p> <ul style="list-style-type: none"> • <i>Indian Art & Culture</i> • <i>Indian History</i> • <i>Topics from World History</i> • <u><i>Social Issues</i></u> <ul style="list-style-type: none"> ○ Indian Society ○ Feminism ○ Gender Justice ○ Unity & Diversity 	
General Studies: Mains Test 26 (Breakthrough Test)			
<p>26th February 2023</p> <p style="text-align: center;">Sunday</p>	<p>GS - 2:</p> <p>Polity</p>	<p>Indian Constitution- historical underpinnings, evolution, features, amendments, significant provisions and basic structure.</p> <p>Comparison of the Indian constitutional scheme with that of other countries</p> <p>Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges therein.</p>	<ul style="list-style-type: none"> • NCERT • Indian Polity by Laxmikant – 5th edition • Public Institutions in India- Performance and Design – Pratapa Bhanu Mehta • Subhash Kashyap - Our Constitution, Our Parliament

		<p>Separation of powers between various organs dispute redressal mechanisms and institutions.</p> <p>Parliament and State Legislatures - structure, functioning, conduct of business, powers & privileges and issues arising out of these.</p> <p>Structure, organization and functioning of the Executive and the Judiciary Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.</p> <p>Current Affairs</p>	<ul style="list-style-type: none"> • Introduction to the Constitution of India - D D Basu • 2nd ARC (6th Report - Local Governance, 13th Report - Organisation Structure of Government of India) • PRS • PIB • Three Year Action Agenda, 2017-18 to 2019-20 - NITI Aayog <p><u>Current Affairs:</u></p> <p>(1/6/2022-25/2/2023)</p> <p>from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
General Studies: Mains Test 27 (Breakthrough Test)			

<p style="text-align: center;">4th March 2023 Saturday</p>	<p style="text-align: center;">GS - 2: Governance + Social justice + International relations</p>	<p><u>Governance</u></p> <ul style="list-style-type: none"> • Salient features of the Representation of People's Act. • Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. • Statutory, regulatory and various quasi-judicial bodies • Important aspects of governance, transparency and accountability, e-governance-applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures. • Role of civil services in a democracy. <p><u>Social Justice</u></p> <ul style="list-style-type: none"> • Government policies and interventions for development in various sectors and issues arising out of their design and implementation • Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and bodies constituted for the protection and betterment of these vulnerable sections • Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. • Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources, issues relating to poverty and hunger. • India and its neighbourhood-relations. • Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests • Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora. 	<ul style="list-style-type: none"> • NCERT • Indian Polity by Laxmikant – 5th edition • Governance in India – Laxmikant • Institutions in India Public Institutions in India: Performance and Design – Pratapa Bhanu Mehta • Subhash Kashyap - Our Constitution, Our • Parliament • Introduction to the Constitution of India - D D Basu • 2nd ARC (6th Report - Local Governance 13th Report - Organisation Structure of Government of India) • Yojana • Kurukshetra • PRS • PIB • Three Year Action Agenda, 2017-18 to 2019-20 – NITI Aayog • Class 12 Political Science- Contemporary World Politics • India's Foreign Policy – Muchkund Dubey
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		<ul style="list-style-type: none"> • Important International institutions, agencies and fora, their structure, mandate. • Current Affairs 	<ul style="list-style-type: none"> • Challenge And Strategy : Rethinking India's Foreign Policy – Rajiv Sikri • Ministry of External Affairs website <p><u>Current Affairs:</u></p> <p>(1/6/2022-3/3/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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General Studies: Mains Test 28 (Breakthrough Test)

<p>10th March 2023</p> <p>Friday</p>	<p>GS-2:</p> <p>Full Syllabus</p>	<p>GS-2: Full Syllabus & Current Affairs</p> <p><u>Current Affairs:</u></p> <p>(1/6/2022 - 9/3/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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ESSAY Test 6: Mains Test 29 (Breakthrough Test)

<p style="text-align: center;">12th March 2023</p> <p style="text-align: center;">Sunday</p>	<p style="text-align: center;">ESSAY-6</p>	<p>Section-A</p> <ul style="list-style-type: none"> • <i>Ethics & Philosophy</i> <p>Section-B</p> <ul style="list-style-type: none"> • <u>Polity & Governance</u> <ul style="list-style-type: none"> ○ Federalism ○ Institutions of India ○ Local self- government ○ Criminal Justice System ○ Judiciary ○ Democracy ○ Rights ○ Freedom of Speech ○ Administrative Reforms • <u>Social Justice</u> <ul style="list-style-type: none"> ○ Social Justice – Economic -justice – political Justice ○ Health ○ Education ○ Poverty & Hunger ○ Vulnerable Sections like women, old person and children. • <u>IR</u> <ul style="list-style-type: none"> ○ Foreign policy of India ○ South -South Cooperation ○ Regional Groupings
<p>General Studies: Mains Test 30 (Breakthrough Test)</p>		

<p style="text-align: center;">16th March 2023 Thursday</p>	<p style="text-align: center;"><u>GS - 3:</u> Economy + Agriculture</p>	<p>Indian Economy and issues relating to planning, mobilization of resources, growth, development and employment.</p> <p>Inclusive growth and issues arising from it.</p> <p>Government Budgeting.</p> <p>Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth.</p> <p>Infrastructure: Energy, Ports, Roads, Airports, Railways etc.</p> <p>Investment models</p> <p><u>Agriculture</u></p> <p>Major crops cropping patterns in various parts of the country, different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers</p> <p>Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.</p> <p>Food processing and related industries in India- scope and significance, location, upstream and downstream requirements, supply chain management.</p> <p>Land reforms in India.</p> <p>Current Affairs</p>	<ul style="list-style-type: none"> • NCERTs • Indian Economy by Ramesh Sing/Sanjiv verma/ Kapila/ Dutt & Sundaram • Economic Survey • 2nd ARC (14th Report-Strengthening Financial Management Systems) • Yojana & Kurukshetra • Three Year Action Agenda, 2017-18 to 2019-20 – NITI Aayog <p><u>Current Affairs:</u></p> <p>(1/6/2022-15/3/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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General Studies: Mains Test 31 (Breakthrough Test)

<p style="text-align: center;">22nd March 2023 Wednesday</p>	<p style="text-align: center;">GS-3: Environment & Ecology</p>	<p style="text-align: center;"><u>Environment & ecology</u> Conservation, environmental pollution and degradation, environmental impact assessment (Detailed Micro Syllabus of this test is given under Prelims Test-33)</p> <p style="text-align: center;">Current Affairs</p>	<p><u>Environment & ecology</u></p> <ul style="list-style-type: none"> • Our Environment - Class VII • Biology - Class XII - Chapters 14-16 (Under Units 10) • ICSE Environmental Studies - Class IX – S. Chand Publication – 2018 Edition • ICSE Environmental Studies - Class X -- S. Chand Publication – 2008 Edition • Environment – Shankar IAS <p><u>Current Affairs:</u> (1/6/2022-21/3/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
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General Studies: Mains Test 32 (Breakthrough Test)

<p style="text-align: center;">28th March 2023 Tuesday</p>	<p style="text-align: center;">GS - 3 Science & Technology</p> <p style="text-align: center;">+</p> <p style="text-align: center;">Disaster management</p> <p style="text-align: center;">+</p> <p style="text-align: center;">Internal security</p>	<p><u>Science and Technology</u></p> <ul style="list-style-type: none"> • Developments and their applications and effects in everyday life Achievements of Indians in science & technology; indigenization of technology and developing new technology. • Indigenization of technology and developing new technology. • Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights. <p><u>Disaster and disaster management</u></p> <p><u>Internal security</u></p> <ul style="list-style-type: none"> • Linkages between development and spread of extremism. • Role of external state and non-state actors in creating challenges to internal security. • Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention • Security challenges and their management in border areas; linkages of organized crime with terrorism • Various Security forces and agencies and their mandate • Current Affairs 	<ul style="list-style-type: none"> • NCERT Class VI to Class X • Class XI – Chemistry: Unit 14 • Class XI – Biology: Units 4 & 5 • Class XII – Chemistry: Unit 16 • Class XII – Biology: Units 8, 9 & 10 • Current Affairs <ul style="list-style-type: none"> ➤ Science reporter ➤ News paper <p><u>Current Affairs:</u> (1/6/2022-27/3/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
General Studies: Mains Test 33 (Breakthrough Test)			

<p>3rd April 2023 Friday</p>	<p>GS-3: Full Syllabus</p>	<p>GS-3: Full Syllabus & Current Affairs</p> <p>Current Affairs: (1/6/2022-2/4/2023) from the below sources.</p> <ul style="list-style-type: none"> • INSIGHTSIAS Current Affairs Quiz. • INSIGHTSIAS Current Affairs.
<p>Essay 7: Mains Test 34 (Breakthrough Test)</p>		
<p>5th April 2023 Sunday</p>	<p>Essay-7</p>	<p>Section-A</p> <ul style="list-style-type: none"> • Ethics & Philosophy <p>Section-B</p> <ul style="list-style-type: none"> • <u>Economy</u> <ul style="list-style-type: none"> ➤ Indian Economy ➤ Industrial Policy ➤ Human Resource and Employment ➤ Liberalization ➤ Economic Planning ➤ Fiscal Policy ➤ External Sector ➤ Sectors of Economy ➤ Infrastructure ➤ Tourism ➤ MSME ➤ Economic Justice • <u>Agriculture</u> <ul style="list-style-type: none"> ➤ Food Processing ➤ Agriculture ➤ Subsidies ➤ PDS • <u>Alternative future</u> <ul style="list-style-type: none"> ➤ Climate change & global warming ➤ Renewable energy technologies ➤ Sustainable habitats ➤ Conservation & development • Disaster Management • <u>Internal security Issues</u> <ul style="list-style-type: none"> ➤ Internal Security ➤ Cyber security <p>Maritime Security Ideologies (Terrorism, Naxalism, Extremism)</p>
<p>General Studies: Mains Test 35 (Breakthrough Test)</p>		

<p style="text-align: center;">5th April 2023 Sunday</p>	<p style="text-align: center;"><u>GS - 4</u> Ethics, Integrity, and Aptitude</p>	<p><u>Ethics and Human Interface:</u> Essence, determinants and consequences of Ethics in human actions; dimensions of ethics; ethics in private and public relationships.</p> <p><u>Human Values</u> - lessons from the lives and teachings of great leaders, reformers and administrators; role of family, society and educational institutions in inculcating values.</p> <p><u>Attitude:</u> content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion.</p> <p><u>Aptitude and foundational values for Civil Service:</u> integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.</p> <p>Contributions of moral thinkers and philosophers from India and world.</p>	<ul style="list-style-type: none"> • Lexicon for Ethics, Integrity & Aptitude book. • 2nd ARC <ul style="list-style-type: none"> ○ 4th Report-ethics in Governance ○ 10th Report-Refurbishing of Personnel Administration. • Political Theory – Class 11 NCERT
General Studies: Mains Test 36 (Breakthrough Test)			
<p style="text-align: center;">9th April 2023 Thursday</p>	<p style="text-align: center;"><u>GS - 4</u> Ethics, Integrity, and Aptitude</p>	<p><u>Emotional intelligence-</u>concepts, and their utilities and application in administration and governance</p> <p><u>Public/Civil service values and Ethics in Public administration:</u> Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international</p>	<ul style="list-style-type: none"> • Lexicon for Ethics, Integrity & Aptitude book. • 2nd ARC <ul style="list-style-type: none"> ○ 4th Report-ethics in Governance ○ 10th Report-Refurbishing of Personnel

		relations and funding; corporate governance. Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption.	Administration. • Political Theory – Class 11 NCERT
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General Studies: Mains Test 37 (Breakthrough Test)

12 th April 2023 Sunday	GS-4: Full Syllabus	Full Syllabus
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Essay Test 8: Mains Test 38 (Breakthrough Test)

13 rd April 2023 Monday	Essay-8	Ethics & Philosophy
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Simulation Tests

MAINS Simulation Tests, Set-1

MAINS Test- 39 (Simulation Test)	After Prelims 2023	Essay	All Topics
MAINS Test- 40 (Simulation Test)	After Prelims 2023	GS-1 Full Syllabus	Full Syllabus
MAINS Test- 41 (Simulation Test)	After Prelims 2023	GS-2 Full Syllabus	Full Syllabus

MAINS Test- 42 (Simulation Test)	After Prelims 2023	GS-3 Full Syllabus	Full Syllabus
MAINS Test- 43 (Simulation Test)	After Prelims 2023	GS-4 Full Syllabus	Full Syllabus
MAINS Simulation Tests, Set-2			
MAINS Test- 44 (Simulation Test)	After Prelims 2023	Essay	All Topics
MAINS Test- 45 (Simulation Test)	After Prelims 2023	GS-1 Full Syllabus	Full Syllabus
MAINS Test- 46 (Simulation Test)	After Prelims 2023	GS-2 Full Syllabus	Full Syllabus
MAINS Test- 47 (Simulation Test)	After Prelims 2023	GS-3 Full Syllabus	Full Syllabus
MAINS Test- 48 (Simulation Test)	After Prelims 2023	GS-4 Full Syllabus	Full Syllabus

3. INSTA Preparatory Classes Schedule

INSTA Preparatory Classes		
Date	Topic	Description
Pre-loaded	Introductory class (strategy for CSE 2023)	You will get a great insight on the UPSC Journey, What should be the overall strategy, What would help in becoming toppers, How to make a customised plan for each individual and how to evaluate the plan and stick to it.
Pre-loaded	How to read books for YLM tests?	Considering the vast syllabus and also stack of study materials available, it is very important to choose the right books and also read them the right way. In this class, you will get to know how to study extensively as well as selectively from different sources available.
Pre-loaded	How to read Current affairs?	UPSC has time and again shown the width & depth of current affairs that it can go into. With the growing importance of Current Affairs, it is equally important to study current affairs with UPSC Exam perspective. This class throws a light on how to link current affairs to the Prelims, to GS answers as well as in Optional Subjects
Pre-loaded	How to make notes?	Effective notes making strategy is utmost important. An aspirant should learn to make customised notes for quick revision. One should not waste most of the time in making notes, at the same time should not ignore making important notes for quick revision
Pre-loaded	Approach to General Studies answer writing?	Writing answer to General Studies papers has been a case of 'So near, yet so far' for many CSE aspirants. The skill of answer writing with adequate weightages to demands & hidden demands, hierarchy of demands, interdisciplinary linkages are the way of conquering these papers.
Pre-loaded	Approach to Ethics Answer writing?	Ethics paper is one of the high scoring paper of the MAINS exam. It's a paper that personifies the true character of an individual and though scoring is easier with right ingredient, it has been a paradox to many. Unravel the mantra for ensuring the success in this paper in this session.

Pre-loaded	Approach to Essay Answer writing?	The most scoring paper of the MAINS examination gives an ample opportunity to script your viewpoint. Knack of selecting the topic which is very much in consonance with your preparation, having the right approach in presenting your viewpoint will reap greater dividends in examination.
Pre-loaded	How to prepare n complete syllabus for each YLM test?	‘Crisis of plenty’, w.r.t to the vast amount of resources (study material), is the situation every student faces in their preparation to the test or CSE Exam. Funneling the right resources is what helps you in completing the syllabus of exam & upping the ante of emerging successful in exam.
Pre-loaded	Strategy Class and Tricks to score well in mocks?	This class will deal with different techniques and tricks through which you can commit less mistakes, increase accuracy and score high in prelims and set your answers on higher pedestal in MAINS.

Note: We may add more classes if need be. These classes are in addition to the discussion classes for each test. Video of the classes will be made available in the portal.

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4.Note on Sources Mentioned:

- In all cases except otherwise specifically mentioned we will follow New NCERTs
- Economy: 10th Edition of Ramesh Singh will be referred.
- Modern India: Refer to either Latest edition of Spectrum Publication or Struggle for India’s Independence – Bipin Chandra.
- Current Affairs: We will be covering previous 10 days of Current Affairs from multiple sources. However, depending on the importance and need, we may cover current affairs of previous months’ too.
- Map Based Questions: We suggest students to complete an exercise of Map work of all important political and physical geography. Emphasis should be on political and physical maps of places in news.

In due course of time, we will compile the important places in news and how to practice map-based questions on them.

- f. **Other parts of the syllabus:** (National Parks/Biosphere Reserves etc. + Regional and International bodies + Tribes of India): We will share a break-up plan and resources to study and attempt this part of the syllabus in due time.

5. SUBSCRIPTION DETAILS

Fee:

Full Package: Rs. 26500/- incl. taxes

Only GS: Rs. 21000/- incl. taxes

Only Ethics: Rs. 5500/- incl. taxes

Only Essay: Rs. 5500/- incl. taxes

Discounts & Offers:

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- Early Bird Offer:

20% discount till 3rd Oct. 2022

15% discount till 10th Oct. 2022

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- Course is valid till Mains 2023