



INSIGHTS IAS NEW SECURE - 2020

ONE STOP SOLUTION TO UPSC CIVIL SERVICES PREPARATION



OCTOBER 1, 2019
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New SECURE - 2020 Comprehensive (Current Affairs+Static) Time Table

FOR UPSC CIVIL SERVICES MAINS EXAMINATION-2020

Date	Day	IPM MAINS TEST SERIES-2020	SYLLABUS
GS I			
03-Oct-19	Thursday		Indian culture will cover the salient aspects of Art Forms, literature and Architecture from ancient to modern times.
04-Oct-19	Friday		
05-Oct-19	Saturday		
06-Oct-19	Sunday	Essay Challenge-1	
07-Oct-19	Monday		Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues.
08-Oct-19	Tuesday		
09-Oct-19	Wednesday		The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country.
10-Oct-19	Thursday		
11-Oct-19	Friday		Post-independence consolidation and reorganization within the country.
12-Oct-19	Saturday	Mini Secure Revision Test	
13-Oct-19	Sunday	Essay Challenge-2	
14-Oct-19	Monday		Post-independence consolidation and reorganization within the country.
15-Oct-19	Tuesday		History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.— their forms and effect on the society.
16-Oct-19	Wednesday		
17-Oct-19	Thursday		
18-Oct-19	Friday		Salient features of Indian Society, Diversity of India.
19-Oct-19	Saturday	Mini Secure Revision Test	

20-Oct-19	Sunday	Essay Challenge-3	
21-Oct-19	Monday		Salient features of Indian Society, Diversity of India.
22-Oct-19	Tuesday		Role of women and women's organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies.
23-Oct-19	Wednesday		
24-Oct-19	Thursday		Effects of globalization on Indian society.
25-Oct-19	Friday		Social empowerment, communalism, regionalism & secularism.
26-Oct-19	Saturday	Mini Secure Revision Test	
27-Oct-19	Sunday	Essay Challenge-4	
28-Oct-19	Monday		Social empowerment, communalism, regionalism & secularism.
29-Oct-19	Tuesday		Salient features of world's physical geography. Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc.,
30-Oct-19	Wednesday		
31-Oct-19	Thursday		Distribution of key natural resources across the world (including South Asia and the Indian subcontinent);
01-Nov-19	Friday		
02-Nov-19	Saturday	Mini Secure Revision Test	
03-Nov-19	Sunday	Essay Challenge-5	
04-Nov-19	Monday		Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).
05-Nov-19	Tuesday		
06-Nov-19	Wednesday		
07-Nov-19	Thursday		Geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.
08-Nov-19	Friday		
09-Nov-19	Saturday	Mini Secure Revision Test	
10-Nov-19	Sunday	Essay Challenge-6	
11-Nov-19	Monday		Geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.
GS II			
12-Nov-19	Tuesday		

13-Nov-19	Wednesday		Indian Constitution—historical underpinnings, evolution, features, amendments, significant provisions and basic structure. Comparison of the Indian constitutional scheme with that of other countries.
14-Nov-19	Thursday		Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges Government strives to have a workforce which reflects gender balance and women candidates are encouraged to apply. Therein.
15-Nov-19	Friday		
16-Nov-19	Saturday	Mini Secure Revision Test	
17-Nov-19	Sunday	Essay Challenge-7	
18-Nov-19	Monday		Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges Government strives to have a workforce which reflects gender balance and women candidates are encouraged to apply. Therein.
19-Nov-19	Tuesday		Separation of powers between various organs dispute redressal mechanisms and institutions.
20-Nov-19	Wednesday		Parliament and State legislatures—structure, functioning, conduct of business, powers & privileges and issues arising out of these.
21-Nov-19	Thursday		
22-Nov-19	Friday		Structure, organization and functioning of the Executive and the Judiciary—Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.
23-Nov-19	Saturday	Mini Secure Revision Test	
24-Nov-19	Sunday	Essay Challenge-8	
25-Nov-19	Monday		Structure, organization and functioning of the Executive and the Judiciary—Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.
26-Nov-19	Tuesday		Salient features of the Representation of People’s Act.
27-Nov-19	Wednesday		Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. Statutory, regulatory and various quasi-judicial bodies.
28-Nov-19	Thursday		
29-Nov-19	Friday		
30-Nov-19	Saturday	Mini Secure Revision Test	

01-Dec-19	Sunday	Essay Challenge-9	
02-Dec-19	Monday		Government policies and interventions for development in various sectors and issues arising out of their design and implementation.
03-Dec-19	Tuesday		
04-Dec-19	Wednesday		
05-Dec-19	Thursday		Development processes and the development industry —the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.
06-Dec-19	Friday		Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.
07-Dec-19	Saturday	Mini Secure Revision Test	
08-Dec-19	Sunday	Essay Challenge-10	
09-Dec-19	Monday		Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.
10-Dec-19	Tuesday		Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Issues relating to poverty and hunger.
11-Dec-19	Wednesday		
12-Dec-19	Thursday		
13-Dec-19	Friday		Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures.
14-Dec-19	Saturday	Mini Secure Revision Test	
15-Dec-19	Sunday	Essay Challenge-11	
16-Dec-19	Monday		Role of civil services in a democracy.
17-Dec-19	Tuesday		India and its neighborhood- relations
18-Dec-19	Wednesday		
19-Dec-19	Thursday		Important International institutions, agencies and fora- their structure, mandate.
20-Dec-19	Friday		

21-Dec-19	Saturday	Mini Secure Revision Test	
22-Dec-19	Sunday	Essay Challenge-12	
23-Dec-19	Monday		Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests. Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora.
24-Dec-19	Tuesday		
25-Dec-19	Wednesday		
GS III			
26-Dec-19	Thursday		Indian Economy and issues relating to planning, mobilization, of resources, growth, development and employment.
27-Dec-19	Friday		
28-Dec-19	Saturday	Mini Secure Revision Test	
29-Dec-19	Sunday	Essay Challenge-13	
30-Dec-19	Monday		Indian Economy and issues relating to planning, mobilization, of resources, growth, development and employment.
31-Dec-19	Tuesday		Inclusive growth and issues arising from it.
01-Jan-20	Wednesday		
02-Jan-20	Thursday		
03-Jan-20	Friday		Government Budgeting. Investment models.
04-Jan-20	Saturday	Mini Secure Revision Test	
05-Jan-20	Sunday	Essay Challenge-14	
06-Jan-20	Monday		Major crops-cropping patterns in various parts of the country, - different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.
07-Jan-20	Tuesday		
08-Jan-20	Wednesday		Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System- objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.
09-Jan-20	Thursday		
10-Jan-20	Friday		

11-Jan-20	Saturday	Mini Secure Revision Test	
12-Jan-20	Sunday	Essay Challenge-15	
13-Jan-20	Monday		Food processing and related industries in India- scope' and significance, location, upstream and downstream requirements, supply chain management. Land reforms in India.
14-Jan-20	Tuesday		
15-Jan-20	Wednesday		
16-Jan-20	Thursday		Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth.
17-Jan-20	Friday		
18-Jan-20	Saturday	Mini Secure Revision Test	
19-Jan-20	Sunday	Essay Challenge-16	
20-Jan-20	Monday		Infrastructure: Energy, Ports, Roads, Airports, Railways etc.
21-Jan-20	Tuesday		Science and Technology- developments and their applications and effects in everyday life. ® Achievements of Indians in science & technology; indigenization of technology and developing new technology. ® Awareness in the fields of IT, Space, Computers, robotics, Nano-technology, bio-technology and issues relating to intellectual property rights.
22-Jan-20	Wednesday		
23-Jan-20	Thursday		Conservation, environmental pollution and degradation, environmental impact assessment.
24-Jan-20	Friday		
25-Jan-20	Saturday	Mini Secure Revision Test	
26-Jan-20	Sunday	Essay Challenge-17	
27-Jan-20	Monday		Disaster and disaster management.
28-Jan-20	Tuesday		
29-Jan-20	Wednesday		
30-Jan-20	Thursday		Linkages between development and spread of extremism. Role of external state and non-state actors in creating challenges to internal security. Various Security forces and agencies and their mandate.
31-Jan-20	Friday		Security challenges and their management in border areas - linkages of organized crime with terrorism.

01-Feb-20	Saturday	Mini Secure Revision Test	
02-Feb-20	Sunday	Essay Challenge-18	
03-Feb-20	Monday		Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention.
04-Feb-20	Tuesday		
05-Feb-20	Wednesday		
GS IV			
06-Feb-20	Thursday		Ethics and Human Interface: Essence, determinants and consequences of Ethics in-human actions; dimensions of ethics; ethics - in private and public relationships. Human Values - lessons from the lives and teachings of great leaders, reformers and administrators; role of Government strives to have a workforce which reflects gender balance and women candidates are encouraged to apply. Family society and educational institutions in inculcating values.
07-Feb-20	Friday		
08-Feb-20	Saturday	Mini Secure Revision Test	
09-Feb-20	Sunday	Essay Challenge-19	
10-Feb-20	Monday		Ethics and Human Interface: Essence, determinants and consequences of Ethics in-human actions; dimensions of ethics; ethics - in private and public relationships. Human Values - lessons from the lives and teachings of great leaders, reformers and administrators; role of Government strives to have a workforce which reflects gender balance and women candidates are encouraged to apply. Family society and educational institutions in inculcating values.
11-Feb-20	Tuesday		
12-Feb-20	Wednesday		Attitude: content, structure, function; its influence and relation with thought and behavior; moral and political attitudes; social influence and persuasion.
13-Feb-20	Thursday		
14-Feb-20	Friday		Aptitude and foundational values for Civil Service, integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.
15-Feb-20	Saturday	Mini Secure Revision Test	
16-Feb-20	Sunday	Essay Challenge-20	

17-Feb-20	Monday		Aptitude and foundational values for Civil Service, integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.
18-Feb-20	Tuesday		
19-Feb-20	Wednesday		
20-Feb-20	Thursday		Emotional intelligence-concepts, and their utilities and application in administration and governance.
21-Feb-20	Friday		
22-Feb-20	Saturday	Mini Secure Revision Test	
23-Feb-20	Sunday	Essay Challenge-21	
24-Feb-20	Monday		Contributions of moral thinkers and philosophers from India and world.
25-Feb-20	Tuesday		
26-Feb-20	Wednesday		Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.
27-Feb-20	Thursday		
28-Feb-20	Friday		
29-Feb-20	Saturday	Mini Secure Revision Test	
01-Mar-20	Sunday	Essay Challenge-22	
02-Mar-20	Monday		Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption. Case Studies on above issues.
03-Mar-20	Tuesday		
04-Mar-20	Wednesday		
GS I			
05-Mar-20	Thursday		Indian culture will cover the salient aspects of Art Forms, literature and Architecture from ancient to modern times.
06-Mar-20	Friday		
07-Mar-20	Saturday	Mini Secure Revision Test	

08-Mar-20	Sunday	Essay Challenge-23	
09-Mar-20	Monday		Modern Indian history from about the middle of the eighteenth century until the present significant events, personalities, issues. ® The Freedom Struggle — its various stages and important contributors/contributions from different parts of the country.
10-Mar-20	Tuesday		
11-Mar-20	Wednesday		Post-independence consolidation and reorganization within the country.
12-Mar-20	Thursday		History of the world will include events from 18th century such as industrial revolution, world wars, redrawing of national boundaries, colonization, decolonization, political philosophies like communism, capitalism, socialism etc.— their forms and effect on the society.
13-Mar-20	Friday		
14-Mar-20	Saturday	Mini Secure Revision Test	
15-Mar-20	Sunday	Essay Challenge-24	
16-Mar-20	Monday		Salient features of Indian Society, Diversity of India.
17-Mar-20	Tuesday		Role of women and women’s organization, population and associated issues, poverty and developmental issues, urbanization, their problems and their remedies. ® Effects of globalization on Indian society.
18-Mar-20	Wednesday		
19-Mar-20	Thursday		Social empowerment, communalism, regionalism & secularism.
20-Mar-20	Friday		
21-Mar-20	Saturday	Mini Secure Revision Test	
22-Mar-20	Sunday	Essay Challenge-25	
23-Mar-20	Monday		Social empowerment, communalism, regionalism & secularism.
24-Mar-20	Tuesday		Salient features of world’s physical geography. Important Geophysical phenomena such as earthquakes, Tsunami, Volcanic activity, cyclone etc.,
25-Mar-20	Wednesday		
26-Mar-20	Thursday		Distribution of key natural resources across the world (including South Asia and the Indian subcontinent);
27-Mar-20	Friday		Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).

28-Mar-20	Saturday	Mini Secure Revision Test	
29-Mar-20	Sunday	Essay Challenge-26	
30-Mar-20	Monday		Factors responsible for the location of primary, secondary, and tertiary sector industries in various parts of the world (including India).
31-Mar-20	Tuesday		Geographical features and their location-changes in critical geographical features (including water-bodies and ice-caps) and in flora and fauna and the effects of such changes.
01-Apr-20	Wednesday		
GS II			
02-Apr-20	Thursday		Indian Constitution—historical underpinnings, evolution, features, amendments, significant provisions and basic structure. Comparison of the Indian constitutional scheme with that of other countries.
03-Apr-20	Friday		Separation of powers between various organs dispute redressal mechanisms and institutions.
04-Apr-20	Saturday	Mini Secure Revision Test	
05-Apr-20	Sunday	Essay Challenge-27	
06-Apr-20	Monday		Functions and responsibilities of the Union and the States, issues and challenges pertaining to the federal structure, devolution of powers and finances up to local levels and challenges Government strives to have a workforce which reflects gender balance and women candidates are encouraged to apply. therein.
07-Apr-20	Tuesday		
08-Apr-20	Wednesday		Parliament and State legislatures—structure, functioning, conduct of business, powers & privileges and issues arising out of these.
09-Apr-20	Thursday		
10-Apr-20	Friday		Structure, organization and functioning of the Executive and the Judiciary—Ministries and Departments of the Government; pressure groups and formal/informal associations and their role in the Polity.
11-Apr-20	Saturday	Mini Secure Revision Test	
12-Apr-20	Sunday	Essay Challenge-28	

13-Apr-20	Monday		Salient features of the Representation of People's Act.
14-Apr-20	Tuesday		Appointment to various Constitutional posts, powers, functions and responsibilities of various Constitutional Bodies. ® Statutory, regulatory and various quasi-judicial bodies.
15-Apr-20	Wednesday		
16-Apr-20	Thursday		
17-Apr-20	Friday		Government policies and interventions for development in various sectors and issues arising out of their design and implementation.
18-Apr-20	Saturday	Mini Secure Revision Test	
19-Apr-20	Sunday	Essay Challenge-29	
20-Apr-20	Monday		Development processes and the development industry —the role of NGOs, SHGs, various groups and associations, donors, charities, institutional and other stakeholders.
21-Apr-20	Tuesday		Welfare schemes for vulnerable sections of the population by the Centre and States and the performance of these schemes; mechanisms, laws, institutions and Bodies constituted for the protection and betterment of these vulnerable sections.
22-Apr-20	Wednesday		Issues relating to development and management of Social Sector/Services relating to Health, Education, Human Resources. Issues relating to poverty and hunger.
23-Apr-20	Thursday		
24-Apr-20	Friday		Role of civil services in a democracy.
25-Apr-20	Saturday	Mini Secure Revision Test	
26-Apr-20	Sunday	essay Challenge-30	
27-Apr-20	Monday		Important aspects of governance, transparency and accountability, e-governance applications, models, successes, limitations, and potential; citizens charters, transparency & accountability and institutional and other measures.
28-Apr-20	Tuesday		
29-Apr-20	Wednesday		India and its neighborhood- relations
30-Apr-20	Thursday		
01-May-20	Friday		Important International institutions, agencies and fora- their structure, mandate.

02-May-20	Saturday	Mini Secure Revision Test	
03-May-20	Sunday	Essay Challenge-31	
04-May-20	Monday		Bilateral, regional and global groupings and agreements involving India and/or affecting India's interests. ® Effect of policies and politics of developed and developing countries on India's interests, Indian diaspora
05-May-20	Tuesday		
GS III			
06-May-20	Wednesday		Indian Economy and issues relating to planning, mobilization, of resources, growth, development and employment
07-May-20	Thursday		
08-May-20	Friday		Government Budgeting. Investment models.
09-May-20	Saturday	Mini Secure Revision Test	
10-May-20	Sunday	Essay Challenge-32	
11-May-20	Monday		Inclusive growth and issues arising from it.
12-May-20	Tuesday		
13-May-20	Wednesday		Major crops-cropping patterns in various parts of the country, - different types of irrigation and irrigation systems storage, transport and marketing of agricultural produce and issues and related constraints; e-technology in the aid of farmers.
14-May-20	Thursday		
15-May-20	Friday		Food processing and related industries in India- scope' and significance, location, upstream and downstream requirements, supply chain management.
16-May-20	Saturday	Mini Secure Revision Test	
17-May-20	Sunday	Essay Challenge-33	
18-May-20	Monday		Issues related to direct and indirect farm subsidies and minimum support prices; Public Distribution System- objectives, functioning, limitations, revamping; issues of buffer stocks and food security; Technology missions; economics of animal-rearing.
19-May-20	Tuesday		
20-May-20	Wednesday		Effects of liberalization on the economy, changes in industrial policy and their effects on industrial growth.

21-May-20	Thursday		Infrastructure: Energy, Ports, Roads, Airports, Railways etc.
22-May-20	Friday		Science and Technology- developments and their applications and effects in everyday life.
23-May-20	Saturday	Mini Secure Revision Test	
24-May-20	Sunday	Essay Challenge-34	
25-May-20	Monday		Achievements of Indians in science & technology; indigenization of technology and developing new technology.® Awareness in the fields of IT, Space, Computers, robotics, nano-technology, bio-technology and issues relating to intellectual property rights.
26-May-20	Tuesday		Conservation, environmental pollution and degradation, environmental impact assessment.
27-May-20	Wednesday	PRELIMS BREAK	
28-May-20	Thursday		
29-May-20	Friday		
30-May-20	Saturday		
31-May-20	Sunday		
UPSC CSE PRELIMS EXAM-2020			
Welcome back to NEW Secure - 2020			
01-Jun-20	Monday		Disaster and disaster management
02-Jun-20	Tuesday		
03-Jun-20	Wednesday		Linkages between development and spread of extremism. Various Security forces and agencies and their mandate.
04-Jun-20	Thursday		Role of external state and non-state actors in creating challenges to internal security.
05-Jun-20	Friday		Security challenges and their management in border areas - linkages of organized crime with terrorism.
06-Jun-20	Saturday	Mini Secure Revision Test	
07-Jun-20	Sunday	Essay Challenge-35	
08-Jun-20	Monday		Challenges to internal security through communication networks, role of media and social networking sites in internal security challenges, basics of cyber security; money-laundering and its prevention.
09-Jun-20	Tuesday		

GS IV			
10-Jun-20	Wednesday		Ethics and Human Interface: Essence, determinants and consequences of Ethics in-human actions; dimensions of ethics; ethics - in private and public relationships. Human Values - lessons from the lives and teachings of great leaders, reformers and administrators; role of Government strives to have a workforce which reflects gender balance and women candidates are encouraged to apply. family society and educational institutions in inculcating values.
11-Jun-20	Thursday		
12-Jun-20	Friday		Contributions of moral thinkers and philosophers from India and world.
13-Jun-20	Saturday	Mini Secure Revision Test	
14-Jun-20	Sunday	Essay Challenge-36	
15-Jun-20	Monday		Attitude: content, structure, function; its influence and relation with thought and behaviour; moral and political attitudes; social influence and persuasion.
16-Jun-20	Tuesday		
17-Jun-20	Wednesday		Aptitude and foundational values for Civil Service, integrity, impartiality and non-partisanship, objectivity, dedication to public service, empathy, tolerance and compassion towards the weaker-sections.
18-Jun-20	Thursday		
19-Jun-20	Friday		
20-Jun-20	Saturday	Mini Secure Revision Test	
21-Jun-20	Sunday	Essay Challenge-37	
22-Jun-20	Monday		Emotional intelligence-concepts, and their utilities and application in administration and governance.
23-Jun-20	Tuesday		
24-Jun-20	Wednesday		Public/Civil service values and Ethics in Public administration: Status and problems; ethical concerns and dilemmas in government and private institutions; laws, rules, regulations and conscience as sources of ethical guidance; accountability and ethical governance; strengthening of ethical and moral values in governance; ethical issues in international relations and funding; corporate governance.
25-Jun-20	Thursday		
26-Jun-20	Friday		
27-Jun-20	Saturday	Mini Secure Revision Test	
28-Jun-20	Sunday	Essay Challenge-38	

29-Jun-20	Monday		<p>Probity in Governance: Concept of public service; Philosophical basis of governance and probity; Information sharing and transparency in government, Right to Information, Codes of Ethics, Codes of Conduct, Citizen's Charters, Work culture, Quality of service delivery, Utilization of public funds, challenges of corruption. Case Studies on above issues.</p>
30-Jun-20	Tuesday		
01-Jul-20	Wednesday		
02-Jul-20	Thursday		
03-Jul-20	Friday		
04-Jul-20	Saturday		
05-Jul-20	Sunday	Essay Challenge-39	
06-Jul-20	Monday		<p>GS I : FULL SYLLABUS</p>
07-Jul-20	Tuesday		
08-Jul-20	Wednesday		
09-Jul-20	Thursday		
10-Jul-20	Friday		
11-Jul-20	Saturday		
12-Jul-20	Sunday	Essay Challenge-40	
13-Jul-20	Monday		<p>GS II : FULL SYLLABUS</p>
14-Jul-20	Tuesday		
15-Jul-20	Wednesday		
16-Jul-20	Thursday		
17-Jul-20	Friday		
18-Jul-20	Saturday		
19-Jul-20	Sunday	Essay Challenge-41	
20-Jul-20	Monday		<p>GS III : FULL SYLLABUS</p>
21-Jul-20	Tuesday		
22-Jul-20	Wednesday		
23-Jul-20	Thursday		
24-Jul-20	Friday		

25-Jul-20	Saturday		
26-Jul-20	Sunday	Essay Challenge-42	
27-Jul-20	Monday		
28-Jul-20	Tuesday		
29-Jul-20	Wednesday		GS IV : FULL SYLLABUS
30-Jul-20	Thursday		
31-Jul-20	Friday		
01-Aug-20	Saturday		
02-Aug-20	Sunday	Essay Challenge-43	
03-Aug-20	Monday		
04-Aug-20	Tuesday		
05-Aug-20	Wednesday		GS I : FULL SYLLABUS
06-Aug-20	Thursday		
07-Aug-20	Friday		
08-Aug-20	Saturday		
09-Aug-20	Sunday	Essay Challenge-44	
10-Aug-20	Monday		
11-Aug-20	Tuesday		
12-Aug-20	Wednesday		GS II : FULL SYLLABUS
13-Aug-20	Thursday		
14-Aug-20	Friday		
15-Aug-20	Saturday		
16-Aug-20	Sunday	Essay Challenge-45	
17-Aug-20	Monday		
18-Aug-20	Tuesday		GS III : FULL SYLLABUS
19-Aug-20	Wednesday		

20-Aug-20	Thursday	
21-Aug-20	Friday	
22-Aug-20	Saturday	
23-Aug-20	Sunday	Essay Challenge-46
24-Aug-20	Monday	
25-Aug-20	Tuesday	
26-Aug-20	Wednesday	
27-Aug-20	Thursday	
28-Aug-20	Friday	
29-Aug-20	Saturday	
30-Aug-20	Sunday	END OF SECURE
31-Aug-20	Monday	
01-Sep-20	Tuesday	REVISION TIME
02-Sep-20	Wednesday	
03-Sep-20	Thursday	
04-Sep-20	Friday	
05-Sep-20	Saturday	
06-Sep-20	Sunday	
07-Sep-20	Monday	
08-Sep-20	Tuesday	
09-Sep-20	Wednesday	
10-Sep-20	Thursday	
11-Sep-20	Friday	
12-Sep-20	Saturday	
13-Sep-20	Sunday	
14-Sep-20	Monday	
15-Sep-20	Tuesday	

16-Sep-20	Wednesday	ALL THE BEST FOR YOUR EXAMS!!!!!!
17-Sep-20	Thursday	UPSC CSE MAINS EXAM-2020



**#STRESSFREEUPSC #HAPPYINSIGHTIANS #WECAREFORSTUDENTS
#INSIGHTSFORMENTALHEALTH**



Mrs. Arati Patil

Psychotherapist/Life Coach/NLP Master Practitioner at INSIGHTSIAS for Helping out students yearlong to ease out their stress during preparation and stay at high spirits.